



# Church Picnic

Sunday, August 28 at 1:00 pm

Pinecliff Park - Pavilion #3



Adults	\$4.50
Children (6-12)	\$2.50
Under 5	Free

Chicken and drinks will be provided.  
Bring your own lawn chairs, games  
and a dessert or side dish to share.

## PASTORS PAGE



There is a fable from India about a rich man who is traveling far from home. A poor man notices his fine clothes and bulging money-bag. He decides to travel with him and look out for a way to steal his treasure.

Every night in the humble inns along the roadside, the poor man unrolls his bedroll early and pretends to sleep. Then, as the rich man leaves the room to get cleaned up, the thief rummages through his belongings in search of his treasure-sack.

He never can find it. As soon as he hears the rich man's footsteps, he leaps back onto his own bedroll, always certain he's just moments away from finding the treasure.

Every morning, the poor man once again pretends to sleep, until the rich man goes down for breakfast. Yet, morning is the same as evening: The thief can never find the money-bag.

Day after day this goes on, until the two men finally reach their destination. As they were parting ways, the thief's curiosity gets the better of him. He admits to the rich man what he's been up to.

"How have you eluded me for so long?" he asks. "Did you guess that I was out to rob you?"

"Yes," says the rich man. "I guessed that the very first night."

"Then where did you hide the treasure?"

"It was very simple. Every night, while you went to get cleaned up before bed, I slipped into the room and put the treasure in your pillow. Every morning, after you had rifled through my belongings, I got it back."

In Matthew 13:31-33, 44-52, Jesus compares the kingdom of heaven to a mustard seed, yeast, a fish net, a treasure, and a pearl of great value.

Yet sometimes, like the thief in the fable, we miss the treasure close at hand.

Each of us has something very powerful and valuable within us because the kingdom of heaven can come into the world through us, making our world a more fair, generous, and loving place.

How will you use YOUR treasure today?

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## STEPHEN MINISTRY REFLECTIONS

### *Worry, Peace and Comfort*



*Now may the Lord of peace himself give you peace at all times and in every way. The Lord be with all of you.*

2 Thessalonians 3:16

Being frugal, Michael and I have been maintaining 2 older model cars. On June 8, another vehicle hit and totaled my car. The following day, Michael's car broke down. The Blue Book value of an older model car will not replace it. We were both worried about that and the possibility of a big repair bill.

The following days during my morning devotionals I read Day 14 & 15 from God's Promises to a Woman's Heart. God has not promised us a trouble-free life. The verse above and the following were the verses on those pages.

*In this world you will have trouble. But take heart! I have overcome the world.*

John 16: 33

If we cling to Christ in faith we cannot lose. Sometimes we have to rail at the storms that come our way, but Christ through his suffering

understands and empathizes with us. His love and power make us victorious, too.

*Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.*

2 Corinthians 1: 3-4

God didn't cause our problems, but Jesus has promised to work in every situation for the good of those who love him. These verses reminded me to give my worries to God. He will take care of us. A couple days later I spoke to a friend who told me that her cancer has come back. My car problems were definitely placed into perspective. I was happy to be able to spend time with her, listen, and comfort her.

Have you been blessed by a similar experience in your life?

*Nancy Boyd*

## SCHOOL SUPPLY DRIVE

On Sunday, August 7 and Monday, August 8 the Religious Coalition will be accepting school supplies to be distributed to Frederick County children in need. The drop off location is here at Trinity in the Multipurpose Room. Please see below for a list of items needed:



**SCHOOL  
SUPPLIES**  
COLLECTION

- Colored pencils
- Index cards
- Compass & protractor
- Highlighters
- Pack of ruled paper
- Pens
- Ruler
- Composition books
- #2 Pencils
- Pencil pouch
- 24 ct Crayons
- Glue sticks
- Safety scissors
- Eraser
- Folders
- Red checking pen
- 1 - 1 1/2" 3 ring binder
- Backpack

*Monetary donations are also accepted to help by school supplies. Please make checks payable to "The Religious Collation" and put "school supplies" in the memo area.*

### DROP OFF TIMES

Sunday, 8/7      12:00pm - 6:00pm  
Monday, 8/8      8:00am - 12:00pm



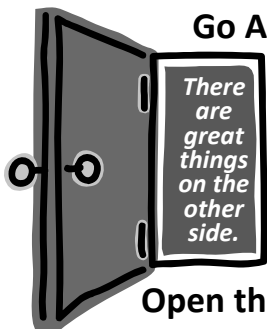
# Grow Time presents SUMMER IN THE SON

**VACATION-FRIENDLY, RELEVANT  
Classes 4 U started July 24**

## THE OPEN DOOR

The Open Door class is the perfect place to see what Grow Time is all about. With its welcoming atmosphere and stand alone lessons each week (not part of a series or ongoing book study), The Open Door extends hospitality to anyone visiting Trinity, those wanting to try out a Grow Time experience, folks who are not in another Grow Time class, and teachers between teaching months.

**Go Ahead...**



**Open the door!**

## CHARACTER

**(6 weeks)** We all do our best when others are watching. But what about when no one is looking? That's where character comes in, giving us consistency when it's just between God and us. Courage, discipline, vision, endurance, compassion, self-sacrifice, the qualities covered in this Bible study guide provide a foundation for character. With this foundation and God's guidance, we can maintain character even when we face temptations and troubles. Based on Bill Hybels' book *Who You Are When No One's Looking*.

## NEVER BEYOND HOPE

**(6 weeks)** Ever feel hopeless? Look at the lives of Samson, Peter, Martha and more. God used their imperfections, and he can certainly use ours, no matter how bad we think we are. The Bible was given to us to offer hope and encouragement through the testimonies of those that have gone before us. Come discover that just as biblical characters failed, biblical characters were redeemed. And God wants to do the same for us as we apply biblical truths to our life.

## HOW TO GIVE AWAY YOUR FAITH *(Do Not be afraid of this one)*

**(6 weeks)** If you're not sure what to say or how to say it when it comes to talking about your faith and Jesus--this Bible study is for you. It will deepen your understanding of the essentials of faith and strengthen your talk with others. Based on Paul Little's book *How To Give Away Your Faith*.

## A WALK THRU THE BOOK OF JAMES

**(6 weeks)** Considered one of the most practical books in the Bible, this study of the book of James addresses such matters as the devastating effect of an uncontrolled tongue; the real origin of sin and what to do about it; and putting faith into action.

**GROW TIME - open every sunday  
10:00 -10:55 a.m.**

## GROW TIME AT-A-GLANCE

24-Jul-11					
31-Jul-11					
7-Aug-11	Character 7/24-8/28	Never Beyond Hope 7/24-8/28	Walk Thru The book of James 7/24-8/28	How To Give Away Your Faith 7/24-8/28	The Open Door Drop-in Learning Every Week
14-Aug-11					
21-Aug-11					
28-Aug-11					

Labor Day Weekend

O P E N D O O R

## BREAKING FREE CONTRIBUTION UPDATE



1. We are blessed that from time to time more people are making pledges. As of June 30, 2011, **170 pledges** have been made towards "Breaking Free." And people are still asking for pledge cards! Plus all new members who join TUMC in the next few years will be given the opportunity to make pledges.
2. The total amount that has been pledged is \$658,429.00.
3. So far, 125 of our pledgers have made donations towards "Breaking Free".
4. The total amount that has actually been given is \$201,323.21
5. Of this amount, \$181,472.74 has been applied towards our mortgage principal.
6. Here is how the process works: The " Breaking Free" monies received each week are deposited into a dedicated account. Once a month the bank automatically takes 90% of the money in the account and applies it to the principal of our mortgage. The difference between the total amount received to date and the total amount applied to the principal so far is the amount of our final RSI payment (our fundraising consultant company) and the 10% left in the account after the automatic withdrawal.
7. On 5/1/11, our TUMC mortgage principal balance was \$524,997.18  
On 6/30/11, our TUMC mortgage principal balance was \$343,524.44

8. Our financial secretary is Carla Wright, and our outgoing bookkeeper is Vicki Gottheit Moser. Carla and Vicki have done their best to create accurate records. However, sometimes people do not label their donations. If any donation comes in not clearly marked for "Breaking Free", it will go towards our general fund/expenses. Please use your "Breaking Free" envelopes to make "Breaking Free" donations, or find your own way to clearly mark a donation to "Breaking Free". If you are making electronic deposits through your bank, please direct your bank to put "Breaking Free" on the memo line of the electronic check. Remember that you can make both your regular contribution to TUMC, and your Breaking Free contributions electronically. Just go to our website, [www.trinityfrederick.org](http://www.trinityfrederick.org), click on "Online Giving" and it gives you complete directions.

We consider this all good news and we thank the congregation for being faithful to your pledges. We will try to update you about once per month. Mike Boyd is the overall chairperson of this campaign. Denise Berry and Denise Blasewitz are charged with communicating updates to you on a timely basis. You can also get updates by going to <http://breakingfreetrinityfrederick.org> and usually the regular church website mentioned above has some information as well.

Yours in Christ,

Michael Boyd  
Program Leader

Denise Berry  
Bridge Team Co-Chair

Denise Blasewitz  
Bridge Team Co-Chair



## AND TO THINK THAT THEY STARTED AT TRINITY PRESCHOOL!

### THE HASTIES

Abram, Elizabeth, Rachel and Jordan Hastie were all students at TCECD before they went to elementary school. Between them they attended our 3's, 4's, Transitional Kindergarten and Kindergarten classes and they knew most of our teachers. Their mother, Wendy, has dear memories of the special events like our Christmas programs, Mother's Teas and Bike-a-Thons.



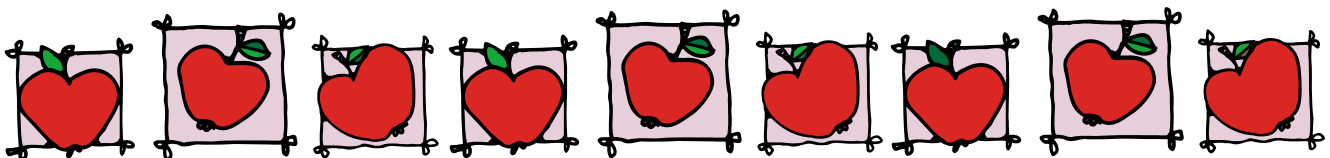
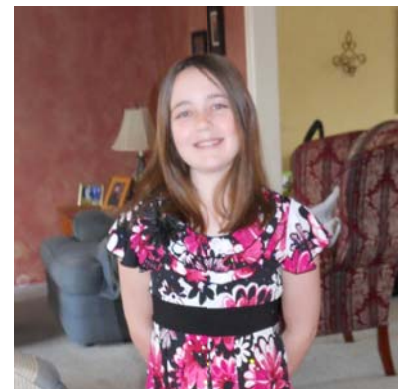
Abram and Elizabeth were kindergarten students and Elizabeth remembers their Dinosaur Day, the Kindergarten Feast during the unit on castles and "buying lunch" to practice before going to first grade. Rachel still remembers getting her preschool diploma and riding in the Bike-a-Thon to benefit St. Jude Children's Research Hospital. Jordan had a red haired friend in her class that she remembers.

This fall Abram will be a junior at TJ High School where Elizabeth will be a freshman. Abram works at Lintini's restaurant and enjoys skateboarding. Elizabeth enjoys band and Rachel enjoys playing the flute. Both of them participate in Girl Scouts, softball and basketball. Jordan is a Brownie and plays basketball. Rachel and Jordan both sing in the choir at Trinity Church and Rachel is an acolyte.

### AMY GREGOIRE

When Amy attended the 4's class at Trinity Preschool her teachers were Ms. Lexa and Ms. Valerie. She remembers that she really enjoyed our Pet Day and that she brought her stuffed dog in a pet carrier to talk about since she did not have a live pet. Amy still sees Emma and Katherine who are two friends that she made in preschool that year.

Now Amy is a seventh grader at Ballenger Creek Middle School where she has been in the school musical. She plays the trumpet and French horn and is in the jazz band at school. Amy is in the Middle High Dance Choir at Trinity Church. She loves to dance. She has gone to Alive, attends LOL, sings in the youth choir and is an acolyte at church.



## ABBY PEPPER



Abby attended Trinity Preschool's 3-yr-old program, Transitional Kindergarten program for 4-yr-olds and our Kindergarten class. She feels that she was shy but her favorite memories are of the friends that she made when she was in preschool.

This fall Abby will be a freshman at Oakdale High School. She loves to write music, play guitar, sing and draw in her spare time. Abby goes to LOL when she can and she has attended some mission trips.

## CAROL NIEDRINGHAUS



Carol will be entering the ninth grade at Tuscarora High School this fall. Her interests include singing, musical theater, chorus, jazz dance, piano, band, reading, writing and Girl Scouts. Carol occasionally accompanies Jacob's Ladder on the keyboard at Trinity Church where she also serves as an acolyte.

Youth Choir, Dance Choir and LOL are other church activities that she participates in.

One of Carol's favorite memories from her TCECD years is playing with friends in front of the church after school was over. Ms. Donna and Ms. Valerie were her teachers when she was in the Transitional Kindergarten class. Ms. Pam C. and Ms. Pam B. were her kindergarten teachers here. Carol and Julianne Redmond, a friend from kindergarten, sang together in the Frederick County All County Middle School Chorus for three years.

## SHARON NIEDRINGHAUS



Sharon will be a fifth grader this fall at Tuscarora Elementary School where she likes playing a clarinet in band. Piano, gymnastics and Girl Scouts are other activities that Sharon enjoys. At Trinity Church she is an acolyte and plays

chimes. Sharon's other church activities include the Wesley Choir and Dance Choir.

A baby bunny lived on the TCECD playground one year and Sharon remembers watching it grow. Field trips to the apple orchard and Dairy Queen are other favorite memories of her preschool years. Sharon's teachers were Ms. Donna, Ms. Patti and Ms. Laura when she was a three year old. Her Transitional Kindergarten teachers were Ms. Donna and Ms. Valerie.



Trinity Preschool (TCECD) has spaces available for the 2011-2012 school year. We offer classes for 3-yr-olds that meet on Tuesday and Thursday mornings or on Monday, Wednesday and Friday mornings. Our 4-yr-old Monday, Wednesday and Friday morning class has space available as well as our afternoon PreKindergarten classes. **Please contact Donna in the preschool office @ 301-662-2728 or [tccd@trinityfrederick.org](mailto:tccd@trinityfrederick.org) to find out how to receive a discount on this year's tuition!**

## TRINITY GOALS FOR 2011

As part of the evaluation process for the pastors, the Baltimore-Washington Conference recommends establishing measurable goals for evaluating their performance. In establishing those goals the Staff-Parish Relations Ministry Team (SPRMT) felt that it would be worthwhile sharing the general goals with the congregation. Although they may be the ultimate responsibility of the pastors, the goals cannot be reached without the active cooperation and participation by the congregation. In addition, the Conference is expecting congregations to establish measurable goals for the congregation for the years 2012 through 2015.

Following are the suggested goals:

- Increase stewardship participation by the congregation, including increased time commitment by members, and increased financial giving.
- Meet the fundraising goals of the “Breaking Free” campaign.
- Improve pastoral care through increased follow-up of inactive members and visitors, and increased visitation of members in sickness and need.
- Increase worship attendance
- Increase Grow Time attendance
- Revitalize the Preschool Program for full attendance

We hope that you will continue to actively participate in the life of Trinity and assist our pastors in meeting these worthy goals.

Please feel free to comment to any member of the SPRMT or the pastors on these goals or others that you may feel are worthwhile considering.

Bob Kripowicz, chair

Kathy Belcher

Greg Chatfield

John Smith

Marisa Hombach

Charles King

Dwight Jones

Sherri Mercer



### THE GIVING TREE

In the main hallway upstairs you may have noticed something a little different. The Women’s Ministry Team has created a Giving Tree for our Trinity family. The purpose of this tree is to thank those that have blessed us in some way. It’s a way of showing appreciation. If someone has been extra kind to you, helped you out in a time of need or maybe just smiled at you when you felt down, fill out a leaf on behalf of that person and put it on the Giving Tree. The next time that you are in that hallway, take a moment to look at all of the leaves that have been put up so far. You may even see your name up there.

## HOW TO ENGAGE MODERN TECHNOLOGY IN A BALANCED WAY



When the adults who come for counseling talk about parenting, a predictable concern is the amount of time their children spend on the computer, playing video games and texting. As well as how little time in comparison that their children spend being with people outside and playing.

An article I read entitled “Modern Stress, technology and parenting” describes why there is reason to be concerned and suggests ways that parents might respond to and manage this reality. The article is by Archibald Hart, PH.D., a professor of psychology at Fuller Theological Seminary and Sylvia Hart Frejd, M.A., D.Min. The following is excerpted from the article.

“According to Dr. Gary Small of UCLA’s Memory and Aging Research center, ‘The current explosion of digital technology not only is changing the way we live and communicate, but is rapidly and profoundly altering our brains.’

How we train our children to engage modern technology in a balanced way needs urgent attention. Scientists warn us that as our brains shift toward new and more stimulating technologies, they drift away from the fundamental social and contemplative skills. For example, in overusing social networks we slowly lose our capacity for empathy. Why? It is impossible to learn and grasp the emotional context of subtle gestures without face to face contact. We are also losing the capacity for contemplation (and with it our ability to worship.) In essence, scientists warn that we are “rewiring” the brain for speed, not content.

Technology, therefore, is changing the nature of modern stress, It demands over-engagement – a sort of ‘go-go-go’ mentality. The digital world is robbing us of ‘recovery=time’, much needed sleep and rest. Modern stress is constantly stimulating us, causing prolonged cortisol and adrenaline arousal and extending our stress beyond its designed limits.

It is NOT the technology that is at fault; it is the misuse and abuse of it. Technology is robbing the younger generation of its ability to concentrate, learn, contemplate or meditate and, consequently, their ability to experience a deep knowledge of God.

So what can parents do to help their children engage the new technologically driven world?

1. Step up to the plate. From their earliest years, age appropriate limits should be set on how much time a child can spend on the internet. Clear boundaries must be established.
2. Stay Involved. Activities that promote working together on the computer should be considered – whether it is playing a game or researching a topic. This will allow for the supervision of a child’s online activities while teaching them good computer habits.
3. Keep all computers in a visible area. What children are doing must be known.
4. Discuss openly the dangers of the internet and set clear rules. Establish what sites can be accessed and how long access will be permitted. The goal is not to scare them but to increase awareness.
5. Consider implementing parental controls. For example, Internet Explorer restricts or allows certain web sites to be viewed on the computer, and these setting can be protected with a password.

Beginning with parents, there is a need to manage their own digital diets, Parents should be encouraged to consider a ‘digital fast’ once a week, turning off their computers, iPhones and disengaging in e-mail or Facebook for a ‘Sabbath’ day. Digital fasting breaks the habituation patterns that can so easily entangle a person. Instead of using a kindle, reading a regular book might be a better option. Instead of typing..writing with pen and paper. Making this change helps the brain stay flexible and able to do creative work. More importantly, it changes the perception of what is being done with people and situations. Families will be the better for it..and from personal experience; we believe that it draws us closer to God.

A lot of you may already know and do what is in this paper. For those of you who don’t already know and do.. I hope this is helpful.

*Pam Hewetson*

Trinity Pastoral Counseling Center



# TRINITY'S CHRIST CREW YOUTH MINISTRY HAPPENINGS

## SAVE THE DATE

### August

- 1-5 Youth Evening VBS
- 11 Surprise Day Trip
- 14 One Day "ROCK" Youth Gathering
- 28 Church Picnic at Pinecliff

### September

- 23-24 Awakening Music Festival
- 28 See You at the Pole

### October

- 8 Big Day of Serving (One by Youth)

### November

- 18-20 ALIVE Middle School Retreat

*Please check your emails, FaceBook, and the weekly cloverleaf for additional youth activities through out the summer!*

## SUMMER ONE DAY "ROCK"

*Sunday, August 14*

- Attend Fun-Filled Breakout Sessions for both youth and adult leaders
- PIZZA PARTY
- Join with Salt 'n Light Youth Ministry for an evening of dance, drama, music and a special message from Stephen Gallaher!
- Leave TUMC at 2:30 return 10:00pm
- Grace UMC, Hagerstown MD.
- Cost is \$9 per person (due August 7)

*Contact Joanne DeSalvio @ 301-662-2895 or youth@trinityfrederick.org if you are interested.*

ADULTS- Thinking about helping out with our Trinity Youth? This would be a great way to see what youth ministry is all about and have some fun too!



**Toby Mac**  
**Ashes Remain**  
**Disciple**  
**Thousand Foot Krutch**



September 23 & 24  
**AWAKENING 2011**



**Music Festival, Middleburg, VA**

**Hawk Nelson**  
**Family Force 5**  
**Switchfoot**  
*and more....*

The Awakening Music Festival is an outdoor Contemporary Christian music festival featuring live music, great food, the message of Jesus Christ and free activities such as a rock climbing wall, gladiator jousting, a giant slide, volleyball.....

**Friday, 9/23**

Depart Trinity at 5:00pm and return at approximately 11:30pm

**Saturday, 9/24**

Boys will spend the night at the DeSalvio's and girls at the McFarland's  
Depart from DeSalvio's at 10:30am and return at approximately 12 midnight.  
Saturday is an **ALL DAY EVENT!**

**COST:** (circle one)

Friday evening only \$36

Saturday only \$36

Both Days \$45

*Price includes ticket at group rate, transportation, and a picnic dinner. You will need to pack or bring money for lunch on Saturday.*

NAME: \_\_\_\_\_

PREFERRED PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Adults (18yrs +) welcome and needed! Check if you can help  Friday  Saturday  "Sleep Over" Chaperone

Sign up and money due no later than **August 29**. Group tickets will be purchased on August 30.

Make Checks payable to TUMC. Any questions contact Joanne DeSalvio 301-662-2895 or youth@trinityfrederick.org

## H<sub>2</sub>O



*"As the deer longs for streams of water, so I long for you, O God. I thirst for God, the living God."*

Psalm 42:1 NLT

How much water did you drink today? Yesterday? When the heat index gets above 100 degrees, you should increase the amount of water you are drinking. Normally you should drink eight 8-ounce glasses of water every day. A survey by Rockefeller University discovered that about a third of those who responded drank the recommended amount and nearly 10% drank none at all. This is cause for concern because water is essential to your good health. Your body is made up of 96% water and to keep all systems functioning optimally, it is important to maintain that percentage. For example, drinking water prevents symptoms such as fatigue, dry skin, headaches and constipation. Severe dehydration can affect blood pressure, circulation, digestion, kidney function and even your joints.

In hot weather, you can lose fluids at a rate of a quart or more per hour so drinking water is important to replace what is lost through perspiration, urination, breathing, and other body processes. If you must be in the heat, drinking water will prevent cramping, nausea, and heat exhaustion. If you exercise, drink a glass of water about 20 minutes before the activity and at least a half a glass every 15-20 minutes during the activity. Since many fruits are 80-95% water, they are another source of fluid replacement.

There are many designer waters on the market but are they worth the money? Some are fruit-flavored and packed with sugar which you don't need in your diet. Some claim to have vitamins or electrolyte supplements but most are negligible. If concerned about getting the proper vitamins and supplements, you would be better off eating fruits and vegetables. Bottled water has its place if the local water tastes bad or if you are uncertain of its quality but it's best to save your money and stick to natural water and a healthy diet.

Dehydration is often signaled first by hunger or fatigue rather than by thirst, so don't wait to take your fill. Dehydration can occur quickly without warning and children are at greater risk than adults because of their fluid volume and small body weights. If a child has severe diarrhea, vomits for more than 8 hours, can't keep fluids down, has moderate diarrhea for more than 3 days, or is irritable, disoriented, and much sleepier than usual, beware of dehydration. Give small amounts of fluids frequently and increase as tolerated. For infants and young children, Mayo Clinic recommends an over the counter supplement called Pedialyte. This provides a balanced solution unlike the sugared, clear liquids (ginger ale) that are frequently offered. If breast-feeding, don't stop but check with your doctor about additional or replacement fluids offered.

In the same way, don't forget to thirst after God. The verse above shows that our physical need is equal to our spiritual need. God satisfies our physical thirst with water and our spiritual thirst with his Word

*"... I will pour out my Spirit on your descendants, and my blessing on your children. They will thrive like watered grass, like willows on a riverbank."*

Isaiah 44:3b,4 NLT

*"If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."*

John 4:10 NIV

Physical water is essential for life but is a very limited resource with 97% either salty or undrinkable, 2% trapped in glaciers, and only 1% available for human use. Just as essential but more abundant is the spiritual water offered to us for eternity through Jesus Christ. How do you tap into God's living water during your day? Do you take in eight servings of God's word along with your eight glasses of physical water? If not, think how you can connect with God throughout your day.

Blessings for a wonderful and "hydrated" summer!

*Kelley Smith, RN*

TUMC Parish Nurse

Source: [www.mayoclinic.com](http://www.mayoclinic.com)

## INTRODUCING...



The SPRMT has selected Jim Dent to be our new Director of Music and Arts, organist, and leader of one of our praise bands. He has already played for us in worship, but will officially begin this month. We look forward to Jim's musical leadership and welcome him to our Trinity family.

Hello,

My name is Jim Dent, the new Director of Music and Arts and organist at Trinity United Methodist Church. I am looking forward to meeting and serving all of you.

I grew up in Temple Hills and Accokeek, Maryland, with three other siblings and lots of music in our home. My father was an accomplished accordionist and mandolinist. He taught all of us the accordion. It seemed to have stuck with me, the youngest. I went on play the organ at age 12 in the Lutheran Church. Then, I accompanied with piano/organ and sang with the high school and college choirs.

I attended Oberlin Conservatory of Music, in 1974, and then moved to Oral Roberts University in 1976 to pursue a music degree in sacred music. For the past thirty years I have served at various churches as music director to include choirs of all ages, praise bands, and as organ/piano accompanist. I began the orchestra and the contemporary choir, "Living Waters", at Middletown United Methodist Church. The church orchestra grew over eight years to about 30 members and supported the church's choirs for major cantatas.

I married my wife, Josette, in 1982 and began a career as a registered nurse. We have five children, ages 12 to 25, and have resided in Middletown for the past 18 years. Currently, I am also employed as a clinical manager at Montgomery Hospice in Rockville.

It is a privilege and honor to be invited to serve your very caring and dynamic congregation. I have enjoyed meeting your pastors, your Staff Parish Relations Committee members, and many of your associate music directors.

If any of you have any musical interest and are looking for a place to use your music abilities, great or small, please see me. I will be happy to meet with you individually to explore your interest and find a place of music ministry for you. I also look forward to serving the Heart Song praise band in the near future on keyboards and vocals.

Thank you. Again, I look forward to meeting each of you. May God's presence, in worship, confirm your peace.

*Jim Dent*



### ORGANIZE YOUR LIFE

We are sponsoring an evening with the Clutter Doc to help you organize your home and life on Friday, August 19 at 6:30pm. Our guest speaker that evening will be Donna Cameron, a professional organizer. For \$10 you will learn about the P.E.A.C.E. De-cluttering System and receive the "Purpose Driven Organizing" devotional booklet. Contact Patty at 301-662-2895 or tumc@trinityfrederick.org to reserve your spot today or for more information.

### MONDAY NIGHT STUDY!

Keep your Monday nights free starting in September, ladies! On September 12 we will be starting a Women's Bible Study at Wegmans every Monday night. Look for more details in your upcoming monthly and weekly newsletters.

### SHARE YOUR GIFTS

<b>Organize Your Life</b>	<i>Friday</i>	<i>Aug 19</i>	<i>6:30 pm</i>
<b>Girls Guide to Football</b>	<i>Friday</i>	<i>Sept 16</i>	<i>6:30 pm</i>
<b>Desserts in a Jar</b>	<i>Friday</i>	<i>Oct 21</i>	<i>6:30 pm</i>
<b>Cute Cookie Clinic</b>	<i>Friday</i>	<i>Nov 18</i>	<i>6:30 pm</i>
<b>Bunco Fun!</b>	<i>Friday</i>	<i>Jan 20</i>	<i>6:30 pm</i>

**Look for more details in upcoming weekly and monthly newsletters.**

*Do you have a gift you would like to share with others? Let us know and we will help you set up your own class!*

All baptized and confirmed Christians are the ministers of the church.

## CHURCH STAFF

Senior Pastor.....	<i>Glen W. Dameron</i>	Asst. Director, Audio/Visual/Media Ministries.....	<i>Brian Fischer</i>
Assistant Pastor.....	<i>Lynn Wilson</i>	Audio/Visual/Media Ministries technician .....	<i>Jim Clark</i>
Director of Program Ministries.....	<i>Heather Throckmorton</i>		<i>Matt Drechsler</i>
Director of Children's Ministries.....	<i>Rebecca Dean</i>	Director, Trinity Center for Early Childhood Development	
Director of Youth Ministries.....	<i>Joanne DeSalvio</i>		<i>Donna Lacagnina</i>
Director of Music and the Arts; Organist.....	<i>Jim Dent</i>	Teachers.....	<i>Sharon Rosen, Patti Jordan, Sandi McAleer</i>
Director, Chancel Choir.....	<i>Valerie Wittkamper</i>	Co-Teachers..	<i>Denise Marchigiani, Valerie Hartman, Greta Beahm</i>
Director, Children's Chimes.....	<i>Jason Jones</i>	Director, Trinity Pastoral Counseling Center.....	<i>Pam Hewetson</i>
Director, Sonshine Singers.....	<i>Chelsea Bondarenko</i>	Counselors.....	<i>Diane Younkins</i>
Director, Wesley Choir.....	<i>(tba)</i>	Parish Nurse.....	<i>Kelley Smith</i>
Director, Youth Choir.....	<i>Denise Berry</i>	Administrative Assistant.....	<i>Patty Drechsler</i>
Director, Jubelleer Handbell Choir.....	<i>(tba)</i>	Bookkeeper.....	<i>Cindy Trawick</i>
Director, Youth Bells.....	<i>(tba)</i>	Custodian.....	<i>Reggie Atwell</i>
Director, Trinity Brass.....	<i>Matt Stegle</i>	Assistant Custodian.....	<i>Phillip Thomas</i>
Director, Dance Choir.....	<i>Christy DeFrance</i>	Sunday Nursery Co-Coordinators.....	<i>Tracy Carter</i>
Director, Jacob's Ladder Praise Band .....	<i>Bill Niedringhaus</i>	Sunday Nursery Attendants.....	<i>Sadie Zickafoose,</i>
Director, Audio/Visual/Media Ministries .....	<i>Guy Berry</i>		<i>Pat Murry, Colleen Lopez</i>

## CHURCH LEADERS & MINISTRY TEAM CHAIRS

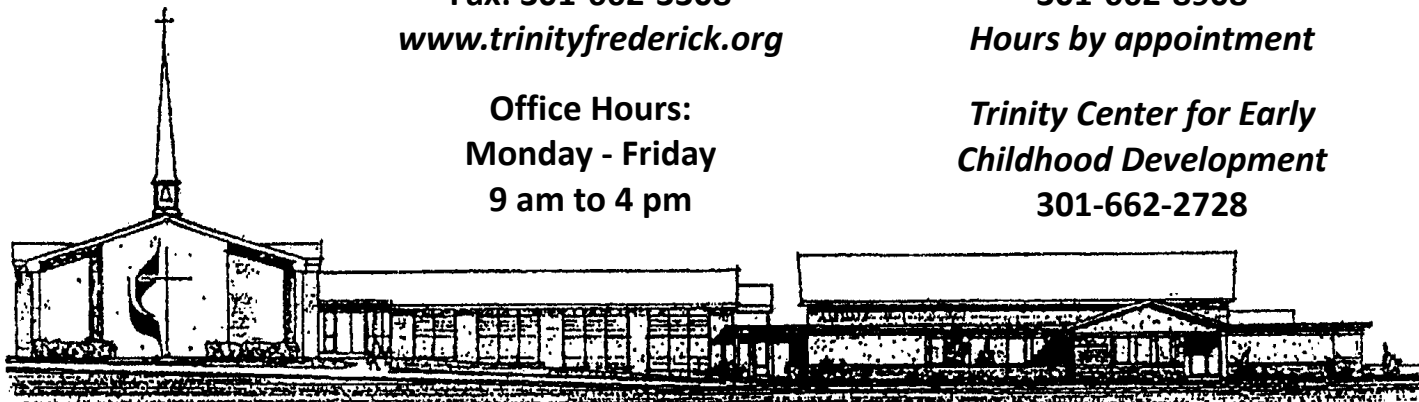
Chairperson, Church Council.....	<i>Mary Truscott</i>	Co-Chairpersons, Faith Development Team.....	<i>Carol Chatfield</i>
Chairperson, Staff-Parish Relations MT.....	<i>Bob Kripowicz</i>		<i>Valerie Wittkamper</i>
Lay Members, Annual Conference.....	<i>Bob Platz,</i>	President, United Methodist Women, .....	<i>(tba)</i>
	<i>Sara Platz, Rodney Truscott</i>	TCECD (Preschool) MT.....	<i>Beth Gura</i>
Chairperson, Extravagant Generosity Team.....	<i>Amanda Baugher</i>	TCC (Counseling Center) MT.....	<i>Tony Driebelbies</i>
Treasurer.....	<i>Kim Owens</i>	Chairperson, Nursery MT.....	<i>Marisa Hombach</i>
Financial Secretaries.....	<i>Carla Wright, Sylvia Brown</i>	Co-Chairpersons, Children's MT.....	<i>(tba)</i>
Chairperson, Board of Trustees.....	<i>Mark Drechsler</i>	Chairperson, Youth MT.....	<i>Lynda Forman</i>
Co-Chairpersons, Building MT .....	<i>Don Fine, Brian Fischer</i>	Coordinator, Senior Citizens MT.....	<i>Linda Herrick</i>
Co-Chairpersons, Passionate Worship Team.....	<i>Barb Ellis</i>	Chairperson, Mission & Service Team.....	<i>Mike Dean</i>
	<i>Nancy Shipe</i>	Chairperson, Women's MT .....	<i>Patty Drechsler</i>
Chairperson, Radical Hospitality Team.....	<i>Peggy Stagg</i>		

**Trinity Church Office**  
**301-662-2895**  
**Fax: 301-662-3308**  
**[www.trinityfrederick.org](http://www.trinityfrederick.org)**

**Office Hours:**  
**Monday - Friday**  
**9 am to 4 pm**

**Trinity Pastoral**  
**Counseling Center**  
**301-662-8908**  
**Hours by appointment**

**Trinity Center for Early**  
**Childhood Development**  
**301-662-2728**



(MT=Ministry Team)

## August 2011 TRINITY UNITED METHODIST CHURCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 7:00 pm Book Club	<b>2</b> 5:30 pm Zumba 6:30 pm Trustees MT 7:00 pm Staff Parish MT 7:00 pm TCECD MT	<b>3</b> 9:30 am Women's Bible Study 6:30 pm Jacob's Ladder	<b>4</b> 7:00 pm Risk Taking Mission and Service MT	<b>5</b>	<b>6</b>
Youth Vacation Bible School						
<b>7</b> <i>Holy Communion</i>	<b>8</b> 7:00 pm Children's MT	<b>9</b> 5:30 pm Zumba 6:15 pm Passionate Worship MT	<b>10</b> 9:30 am Women's Bible Study 5:30 pm Women's MT 6:30 pm Jacob's Ladder	<b>11</b> 6:30 pm Stephen Ministry Supervision	<b>12</b>	<b>13</b> 8:30 am Men's Fellowship
<b>14</b> <i>Newsletter Deadline</i> 12:30 pm Youth Council 2:30 pm Mini - Rock	<b>15</b>	<b>16</b> 5:30 pm Zumba 7:00 pm Lay Leadership Recruitment MT	<b>17</b> 9:30 am Women's Bible Study 6:30 pm Jacob's Ladder 7:00 pm Extravagant Generosity MT	<b>18</b>	<b>19</b> 6:30 pm Share Your Gifts: Organize Your Life	<b>20</b>
<b>21</b> <i>Blood Pressure Screenings</i>	<b>22</b> 12:00 pm Senior Citizen Luncheon	<b>23</b> 5:30 pm Zumba 7:00 pm Intentional Faith Dev. MT	<b>24</b> 9:30 am Women's Bible Study 6:30 pm Jacob's Ladder	<b>25</b> 6:30 pm Stephen Ministry Supervision	<b>26</b>	<b>27</b> 1:00 pm Youth Pool Party
<b>28</b> 1:00 pm Church Picnic	<b>29</b> 1:00 pm Newsletter Collating 7:00 pm Church Council	<b>30</b> 5:30 pm Zumba	<b>31</b> 9:30 am Women's Bible Study 6:30 pm Jacob's Ladder	<div style="border: 2px solid black; padding: 5px;"> <p><b>SUNDAY SCHEDULE</b>                      8:55 am - Contemporary Worship                      10:00 am - Grow Time for ALL ages                      11:05 am - Traditional Worship                      Staffed nursery care provided all morning                      1:45 pm - Hispanic Sunday School &amp; Worship</p> </div>		

## AUGUST VOLUNTEERS

Date	Drivers	Acolytes	Lay Readers	Ushers	Greeters
8/7	Tim Weschler 301-432-0598	Brooke Donald Katherine Putman	Christy DeFrance	8:55 - Tony Driebelbies, Nancy Shipe 11:05 - Larry Boyer, Adrian Winpigler, Mike & Pam Lesperance	8:55 - Bill & Bethany Adamo 11:05 - Betty Fox & Carrie Nangeroni
8/14	Matt Stegle 301-694-2649	Sharon Niedringhaus Carol Niedringhaus	Rodney Truscott	8:55 - Ernell Graham, Patti Jordan 11:05 - Jerry Ryan, Ida Vanaman, Judy & Michele Pickens	8:55 - Brendan O'Connell, Sue Rowland 11:05 - Wayne & Faye Buckingham
8/21	Lars DeSalvio 301-831-8171	Ryan Spratt Amy Gregoire	Julie Bhasin	8:55 - Beth Gura & Greg Awbrey 11:05 - Larry Boyer, Dave Romer, Dave & Mary Wallick	8:55 - Tom & Marian Paradise 11:05 - Margery Wilson & Judy Maucione
8/28	Leroy Daisey 301-473-9079	Ronin Bhasin Richie Putman	Kay Etzler	8:55 - Evelyn Smith, Kevin Shipe 11:05 - Larry Boyer, Barb Ellis, Larry & Anna Marie Linton	8:55 - Mark & Matt Drechsler 11:05 - Michael & Pam Lesperance



Sign up for our

**e-NEWSLETTER**

We are trying to be better stewards of the church's resources and are offering an electronic version of the monthly newsletter for those interested. If you would like to receive an electronic version instead of a paper copy, please e-mail Patty at [tumc@trinityfrederick.org](mailto:tumc@trinityfrederick.org).

### NEWSLETTER COLLATING DATES

*Monday August 29 1 pm*  
*Wednesday September 28 1 pm*  
*Thursday October 27 1 pm*

These dates are subject to change. We are always looking for more volunteers. If you can help, please call Ruby Fine @ 301-371-5617.

### NEWSLETTER SUBMISSIONS

Please submit your information or article for the monthly Newsletter in one of the following ways :

- mail or deliver to the church office
- email to [TUMC@trinityfrederick.org](mailto:TUMC@trinityfrederick.org).

Information for the September 2011 Newsletter will be due the second Sunday of August - August 10.

### OFFICE AND PASTOR HOURS

The church office hours are 9am - 4pm, Monday through Friday.

Pastor Lynn works part-time and is in the office Monday, Tuesday, and Wednesday. She usually makes her pastoral visits in the afternoon on these days.

Reverend Dameron's day off is Monday. He is usually in the office Tuesday afternoon, Wednesday morning, Thursday afternoon, and Friday morning - other times by appointment.

Your pastors are ALWAYS available by phone.

Glen: 301-467-5200(cell) and 301-869-9696(home)  
 Lynn: 304-279-6800(cell) and 304-728-7530(home)

Trinity United Methodist Church  
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Frederick, MD 21701

301-662-2895  
tumc@trinityfrederick.org  
www.trinityfrederick.org

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## CHANGE SERVICE REQUESTED

### Mission / Vision Statement

Trinity Church is called to give glory to God by making and engaging disciples of Jesus Christ for the transformation of our community and the world.

Empowered by the Holy Spirit, we commit to:

- *radical hospitality*
- *passionate worship*
- *intentional faith development*
- *risk-taking mission and service, and*
- *extravagant generosity*

