



SEPTEMBER 11

A Day of Remembrance & A Day of New Beginnings

NEW WORSHIP SCHEDULE

8:45 am - 9:45 am	Contemporary Service
9:55 am - 10:55 am	Grow Time <i>Christian Education for ALL Ages</i>
11:10 am - 12:10 pm	Traditional Service

CHURCH-WIDE GROW TIME STUDY

“If You Want to Walk on Water, You’ve Got to Get Out of the Boat”

This six week study will help you answer Christ’s call to greater faith, power-filled deeds and a new way of knowing Him. Author John Ortberg invites you to consider the incredible potential that awaits you outside your comfort zone. Three class times available. Please notify the office which one you wish to attend.

- Sundays at 9:55 am
 - Sundays at 6:45 pm
 - Wednesdays at 1:00 pm
-

CHOIR REHEARSALS BEGIN

Is music one of your spiritual gifts? Then join one of our great choirs!

See the back cover for the full schedule.

LIVE OUT LOUD YOUTH GROUP

Sundays 6:30-8:00 pm

If you are in 6th to 12th grade, join us on our new night and Live Out Loud!

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PASTORS PAGE



Happy September to all,

The summer has come and gone; vacations are memories and for the most part the youngsters are all back in school. So life continues professionally, personally and church wide.

If you still have your July monthly newsletter I would like to ask you to re-read the pastors page and refresh your memory regarding our ministry teams and the vacancies that need to be filled. The nominations team met in August, and has begun the process of evaluating what teams have vacancies and prospective members who would possibly fit in those positions. We will be meeting again on September 6 to continue the process. I would ask that you set aside sometime each day to pray for that team as they seek God's leadership in discerning first of all the needs of each team and secondly the members who may have the gift needed to fill each position.

On August 21 the sermon was based on Romans 12:1-8. In verses 4-8 Paul tells us that God gives us gifts so we can build up his church. To use those gifts effectively we must

- realize that all gifts and abilities come from God
- understand that not everyone has the same gift
- know who we are and what we do best
- dedicate our gift to God's service and not to our personal success
- be willing to utilize our gifts wholeheartedly, not holding back anything from God's service

I know that I have been on a band wagon, so to speak regarding the use of or the lack of use of our gifts. Every one of us is gifted in some way and God's expectations are that we use our gifts to further His kingdom. If we are not doing this then we are not fulfilling God's expectations.

Trinity United Methodist Church needs all of its members to be active beyond coming to worship on Sunday mornings. There is something that everyone can do regardless of age, income or physical ability. When you are called to serve pray about the need, if you don't feel that you are gifted in that area then say no, but ask if you can serve in the area of your gift. It is okay to ask to serve rather than waiting to be asked.

With all of us working together, God's church will grow and become what God expects it to be.

Blessings to you and yours as a new season is about to begin,



Fall Work Day

Saturday, September 10

8am - 2pm

Please join us for a day of fun & fellowship as we spruce up the church office inside and out! Come at anytime & for as long as you are able. We will be painting outside trim, landscaping, cleaning, reorganizing and creating storage in the basement and garage.

STEPHEN MINISTRY REFLECTIONS

Obedience and Compassion - Part I



In Grow Time class we are studying ***Never Beyond Hope*** by J.I. Packer and Carolyn Nystrom. One Bible character presented is Jonah and the chapter is entitled Hope for the Angry. To

be quite honest, I never thought much more about the book of *Jonah* beyond the children's Sunday school lesson of him being swallowed up by a whale. I learned a lot and thought I would relate some of it here.

Jonah was a patriot of sorts, but only as it related to his own people, the Jews. He was also a racist having a hostile attitude to others, especially the Assyrians since they were a constant threat to the Jews in Israel. Ninevah was a large powerful Assyrian city. God tells Jonah to go and preach to the inhabitants of Ninevah and tell them to change their sinful ways. Instead of going to Ninevah (northeast of Jerusalem), Jonah flees in a ship to Tarshish (a port in Spain, far west of Israel).

"The Lord sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up." Jonah 1:4

The pagan crew all began praying to each one's god. The captain wakes Jonah and tells him to pray to his god. Jonah is honest and tells him he can't

because he is running away from a direct command of the Lord, *"the God of heaven, who made the sea and the land."* Jonah 1:9b

"Pick me up and throw me into the sea," he replied, "and it will become calm. I know that it is my fault that this great storm has come upon you."

Jonah 1:12

"They took Jonah and threw him overboard, and the raging sea became calm. At this the men greatly feared the Lord, and they offered a sacrifice to the Lord and made vows to him. But the Lord provided a great fish to swallow Jonah, and Jonah was inside the fish three days and three nights."

Jonah 1:15-17

Jonah had time for reflection without distractions inside the great fish and his spirituality returned to him. He prayed to God humbly and thankfully. It is sometimes difficult to find a time and a place for reflection without distractions to communicate privately with God and find where he is calling you to minister. Hopefully none of us need a near drowning experience to get us there.

Tune in next month for Part II

Yours in Christ,

Nancy Boyd

READER'S WITH SPIRIT

FREE BOOK!! All those attending a book club meeting will receive free hardbound copy of the book we'll be discussing in November (while supplies last), *Kiss*, by Ted Dekker, a well-known Christian fiction suspense author. It's been described as "a perfect 10, packed with romance, politics, scandals, and non-stop suspense," "an intriguing, imaginative thriller," and "one of those books you think about even when you're not reading it."

Trinity's book club is meeting Monday, September 5 at 7pm to discuss *The Hearts of Horses*, by Molly Gloss. *The Hearts of Horses* tells the moving story of an unconventional, strong-willed woman bucking society's norm to train horses without breaking their spirit. Along the way it offers fascinating descriptions of homesteaders and life on ranchers at the turn of the century.

On October 3 we'll be discussing *The Help* by Kathryn Stockett.

Did you know $\text{Worship} + 0 = \leftarrow$ a whole spiritual life?

By Heather Throckmorton, M.Ed., Director, Program Ministries

My relationship with math has been a tumultuous one. Early on, if you had asked me, I would have told you I pretty much had this one figured out... adding, subtracting, multiplying, dividing. It all made sense to me. But as Mrs. Santana would tell you, when it came to the first lesson in rounding, I was completely flummoxed. I don't know why, but for some developmental reason I had met up with a concept that required more of me than I was equipped to handle at the moment. Up to that point, I knew what I knew, but *did not yet know what I didn't know*. I had a false belief that I had encountered all there was. The day that rounding entered the picture, I became acutely aware that I had neither encountered nor mastered all that makes up the many faceted field of mathematics.

From that point on, I didn't consider math to be my friend. I was intent to do well, but there was struggle. I will forever be grateful for Mr. Durkin's extra credit points in pre-cal if you hurried in and put your problems on the board.

(They didn't even have to be correct. He rewarded the effort... now that is my kind of math teacher!) In college I was blessed to find several levels of statistics, which I miraculously found to be quite doable, as a way to fulfill my dreaded math requirements. Even today, John T. will smile sweetly as my mental math skills lead me near, but not to, a correct calculation.

Still, beyond the struggle, my lifelong tug-o-war with math has brought it's rewards:

- 1) there is the invaluable lesson in learning to look for what I don't know instead of resting in what I do;
- 2) I know now that while numbers are not always involved, there is great benefit in the ability to isolate a variable in a situation and apply an appropriate process - one discovered by someone infinitely more knowing than me - to move in a desired direction; and,
- 3) God is the master mathematician, multiplying our joy and dividing our trials when we choose to follow hard after Him.

As we dive into this new school year and kickoff numerous activities, I would invite you to be no less intentional about a new start to your spiritual life. Consider a few things:

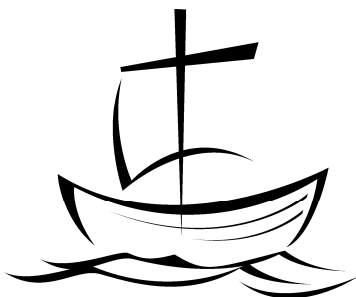
- 1) ***Have you suffered from thinking that there isn't anything new to learn, that you pretty much have it down?*** Watch out for rounding (my early nemesis)! In the Lord's economy, there is always more to know and deeper to go!
- 2) ***What part of the equation are you missing?*** There are several aspects of our spiritual development that together create a whole disciple of Christ ... Worshipping, Studying, Connecting, Serving, and Witnessing. Where are you with each of these? Take an honest inventory and look for opportunities to add and grow what is missing or lacking. You could easily add to your studying efforts by participating in the church wide study starting Sept. 11. If you are wanting to add to other areas of your walk, make an

appointment with me and we will find a way to get your spiritual equation solved!

- 3) ***Are you following hard after God?*** If your "ruthless" self assessment finds your pursuit of Him to be less than it could be (in math lingo, < it could be), refuse to settle! God wants to show you how some of His math can work in your life, multiplying peace, exponentially growing your knowledge of Him, and subtracting the extras we run to instead of building a stronger, personal relationship with Him.

Remember that Christ meets you where you are and provides a means to put a few problems of your own up on the board. Watch as He then lovingly wipes the slate clean.

Your church staff is committed to your spiritual health and wholeness. We pray God's richest blessings as you step out of the boat, keep your eyes on Christ, and walk purposefully toward Him.



Shortly before dawn Jesus went out to them, walking on the lake.²⁶ When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear.²⁷ But Jesus immediately said to them: "Take courage! It is I. Don't be afraid."²⁸ "Lord, if it's you," Peter replied, "tell me to come to you on the water."²⁹ "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus.³⁰ But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!"³¹ Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?"³² And when they climbed into the boat, the wind died down.³³ Then those who were in the boat worshiped him, saying, "Truly you are the Son of God."

ENGLISH AS A SECOND LANGUAGE



Did you Know...?...

In addition to Trinity's Preschool, another school is in session at Trinity every Wednesday morning from 10am to

12pm. The subject is English as a second language (ESL) which means the students are non-native speakers. The program at Trinity originated about four years ago as an outreach to the Hispanic community and has expanded to include adults from all over the world: Central and South America, Russia, China, Japan, Vietnam, Cambodia, Burma (Miramar), Thailand, Kenya and Tanzania. Check out the world map on the bulletin board across from the chapel.

Free classes are offered at three levels: beginners, for students with little or no understanding of English; intermediate, and advanced, where emphasis is placed on pronunciation, enlarging vocabulary, idioms, and conversation. Our highly motivated students number 25-30 during the school year and 12-18 during the summer, and range in age from early twenties to late

seventies. Many hold advanced degrees from their native countries.

Free child care is provided staffed by Trinity member Jan Bradstock with assistance this summer from Katie McFarland and Matt Drechsler.

This ESL program is both an example of Trinity's outreach to the community and an opportunity to serve in meeting a vital need. At present, the beginning class is taught by Linda Spohn, the intermediate by Sara Platz, and the advanced by Bob Platz. We teachers feel it is a special privilege for us to interact in meaningful ways with adults who genuinely appreciate having the chance to converse with English speakers and to improve their own skills.

Starting in October, additional teachers will be needed for the program to continue. If you have questions or would consider volunteering in the ESL program, please contact Bob or Sara Platz (saraplaz@verizon.net or 301-695-6377, or) or the church office (301-662-2895). If you can help with child care (even occasionally), contact Jan Bradstock (301-663-8626).

KAIROS PRISON MINISTRY EXPANDING



Kairos Prison Ministry is expanding throughout Maryland! The warden and his administrative team at Western Correctional Institute-Cumberland is so impressed with results of Kairos Inside in other institutions that he wants this ministry in Cumberland. Exploration continues at Jessup Correctional Institution and Patuxent institutions.

The inside ministry continues at Maryland Correctional (Weekend # 15 is Dec 1-4) and Roxbury Correctional Institutions (Weekend # 4, Sept 22-25) in Hagerstown and at Maryland Correctional Institute for Women in Jessup (Weekend #7, Nov 3-6). In addition, Kairos Outside, a ministry for women impacted by the incarceration of loved ones will have its 11th Maryland weekend at New Windsor Conference Center October 21-23.

Kairos Aftercare seeks mentors for people released from prison, to assist them in maintaining an active spiritual focus and to find housing, employment, and reunited families.

The only thing holding back expansion now is a lack of volunteers. Christians in churches across the state are urged to read Matthew 25:31-46 and listen for the Lord calling you to "visit the prisoner" in the name of Jesus.

Many who have been Christians for years yearn for something deeper in their spiritual life and their service. Kairos may be the answer for them. Many long to see miracles. One can be part of the miracle of transformed lives in Kairos. Many seek a personal encounter with God. Kairos is a transforming ministry for volunteers as well as for the imprisoned.

Kairos Prison Ministry is an ecumenical Christian ministry to the incarcerated and their families and to those who work with them. Please contact Jim or Joanne Spiller at spiller612@msn.com or 301-662-2752 for more information.



AND TO THINK THAT THEY STARTED AT TRINITY PRESCHOOL!



JASON JONES

Jason attended the 3's, 4's, Transitional Kindergarten and Kindergarten programs at Trinity Center for Early Childhood Development. Over the years his teachers were Ms. Mary, Ms. Yvonne, Ms. Denise, Ms. Donna, Ms. Pam and Ms. Pam B. His favorite memory was the preschool pet show. He brought his dog Holly which all of the kids wanted to pet.

Now Jason is entering his junior year at Frederick High School. He is in the Frederick Marching Cadets along with being a member of the Barbershop Harmony Society and singing with the Catoctones. Jason is in the Trinity Brass and Youth Choir and he is the choir director for the Children's Chimes and a substitute acolyte. Jason serves as the president of the Trinity Youth Council at Trinity Church.

Jason is an active participant in youth activities along with friends from LOL. He went to Alive, Rock and Awakening. Jason says he has been inspired to do what he does best and to keep trying even though sometimes he may not succeed.

MICHELLE JONES

Michelle attended Trinity Preschool's 4's program. She loved her teachers and all of her friends. She always had a smile on her face and brought much joy to others. Michelle sang in the Sunshine Singers choir and attended Sunday school at Trinity Church.



MONDAY NIGHT STUDY!

Starting September 12 a new women's bible study will take place every Monday evening. Please join us at 6:30pm at Wegmans as we delve into the study, *No Other Gods* by Kelly Minter. We will learn to make room for God by confronting the modern-day idols, that clutter and claim our hearts. Please contact Patty @ 301-662-2895 or tumcsisters@yahoo.com to reserve your spot or for more information.

GIRL'S GUIDE TO FOOTBALL

Tired of feeling left out while other's cheer on their team? Come learn the basics and get in on the fun this season. Please join us on Friday, September 16 at 6:30pm as Heather Throckmorton shares her gift of football knowledge. For only \$5 you will learn the ins and outs of the game in a fun and relaxed atmosphere. Please contact Patty @ 301-662-2895 or tumcsisters@yahoo.com to reserve your spot or for more information. All are welcome!

SHARE YOUR GIFTS

Girls Guide to Football	Friday	Sept 16	6:30 pm
Desserts in a Jar	Friday	Oct 21	6:30 pm
Cute Cookie Clinic	Friday	Nov 18	6:30 pm

Look for more details in upcoming weekly
and monthly newsletters.

Do you have a gift you would like to share with others? Let us know and we will help you set up your own class!

CHILDREN'S MINISTRIES

THERE IS SOMETHING NEW TAKING ROOT IN CHILDREN'S MINISTRIES THIS FALL!

The Garden Song

Inch by inch, row by row
Gonna make this garden
grow
All it takes is a rake and hoe
And a piece of fertile
ground.
Inch by inch, row by row
Someone bless these
seeds I sow
Someone warm them
from below
'Til the rain comes
tumbling down.

Our youngest members will be embarking on their very own missions project! We will be starting a Lasagna Garden in the next month. It is called a Lasagna Garden because in the fall, several layers of different materials will be placed on the ground, where they will then spend the winter composting so that in the spring, we will have a piece of fertile ground that will be ripe for planting!

In order to make this happen, we will need help from you. We will be layering our garden with the following materials: grass clippings, leaves, vegetable scraps, newspapers, coffee grounds, tea leaves and tea bags, manure, compost, cardboard etc. We need you to save up these materials and then bring them to church (we are still working on the dates for this) to be layered.

All food grown will be donated to the Frederick County Food Bank or Second Street and Hope!

Any and all volunteers are needed and welcomed! Please contact Rebecca Dean at children@trinityfrederick.org or 301-662-2895 for more information.



VEGGIETALE MOVIE NIGHTS ARE BACK!

Please join us on Friday, September 16 as we watch "Lyle and the Kindly Viking" at 6:30pm in room 308/310. We will learn a lesson in sharing while sharing a snack and making a craft. It is a fun time of fellowship and friends. We can't wait to see you there!

Children's and Youth Yard Sale!

Saturday, October 8 8:00am - 1:00pm



It's that time of year again! Let us help you clean out those closets!

To rent a space, please complete the form below
Donations for the sale may dropped off Friday, October 7 between 5pm and 8pm

Name: _____

Address: _____

Email: _____ Phone: _____

Each space will be approximately 15' X 15'. There are a limited number of tables available for rent at \$5 each.

of Spaces _____ x \$20 = \$ _____

of Tables _____ x \$ 5 = \$ _____

Total amount Due: \$ _____

Questions? Please contact Rebecca Dean at 301-662-2895 or children@trinityfrederick.org



YOUTH MINISTRY HAPPENINGS

**NEW YOUTH GROUP NIGHT: SUNDAYS 6:30-8 PM
COME AND LIVE OUT LOUD!**

SAVE THE DATE

September

- 11 New Live Out Loud Night at 6:30pm
17 CCYM
23-24 Awakening Music Festival
28 CONVERGE: See You at the Pole

October

- 8 Big Day of Serving (One by Youth)
8 Youth & Children's Yard Sale

November

- TBA CCYM
18-20 ALIVE Middle School Retreat

January 2012

- 20-22 ROCK Youth Retreat

Please check your emails, FaceBook, and the weekly cloverleaf for additional youth activities!

ROCK Registrations are online and in the Youth Sunday School Rooms.



See You at the Pole

Join students around the world **September 28, 2011**, for **See You at the Pole™**, the Global Day of Student prayer. Be a part of something much bigger than your own local campus—join the movement!

Be encouraged, challenged, and blessed to experience what God is doing globally. Regardless of the church group or the school peer group you are apart of, gather with everyone and pray. Converge!

The 2011 See You at the Pole theme verse is a promise from Scripture that is one of the most popular and quoted throughout history by believers.

Whenever two or three of you come together in my name, I am there with you. Matthew 18:20 CEV

This simple verse is a comforting and encouraging promise from Jesus Himself that helps us to know He is always with us. When we gather and agree together, placing Him first, He is there. And when God and His people converge for prayer, lives change!



On Saturday, October 8 our Youth (grades 6-12) will have an incredible opportunity to be a part of a national program designed to mobilize students to revolutionize neighborhoods across the country. WE WILL BE ABLE TO DO JUST THAT RIGHT HERE IN FREDERICK! Check out their website for more info on the program and details for work projects. www.thebigdayofservicing.com

Yes, I give my son/daughter permission to participate in the **The BIG DAY OF SERVING** with Trinity on Saturday October 8, 2011. I understand that travel will be by church bus and/or private vehicles.

Cost: \$29 Registration and fee due by SEPTEMBER 22. (Please Make Checks Payable to TUMC)

Student Name: _____ Email: _____

Home Phone: _____ Cell Phone: _____

Adult Chaperones and drivers needed! I can help! Yes No

Parent Signature and Date

Contact Joann DeSalvio at 301-662-2895 or youth@trinityfrederick.org with any questions.

MENTAL HEALTH



“O Lord, I have come to you for protection; don’t let me be disgraced. Save me, for you do what is right.”

Psalm 31:1 NLT

Mental health is something we tend to take for granted until there is a problem. At that time we wonder where to turn for help. In addition, stigmas are often attached to mental health issues which make us reluctant to seek help and we pretend that everything is just fine.

Mental illnesses can affect people of any age, race, religion or economic status and are one of the leading causes of disability in the world. Without treatment, they can result in unemployment, homelessness, incarceration, or suicide. Some of the many conditions considered mental illness are:

- ADHD
- Anxiety Disorder
- Bipolar Personality
- Dementia
- Depression
- Eating Disorders
- Learning Disabilities
- Obsessive/Compulsive Behaviors
- Panic Disorders
- Phobias
- Post-traumatic Stress
- Schizophrenia
- Substance Abuse
- Suicide

Depression is one of the most common mental illnesses. Symptoms of clinical depression include: persistent feelings of “emptiness,” sleep disturbances, inability to concentrate, memory problems, changes in appetite, loss of pleasure or interest in things that were once enjoyable, irritability, loss of energy, and feelings of hopelessness. Depression can be experienced because of a chemical imbalance, environmental factors, or stress.

“You gave me life and showed me your unfailing love. My life was preserved by your care.” Job 10:12 NLT

Since mental illness is not a wound that can be seen, families usually have more difficulty accepting the illness. Anyone struggling with it cannot “get over it” or “put it out of his mind” because mental illness is a physical condition. If your loved one exhibits any warning signs, it is important to embrace the diagnosis as well as the difficulty of the illness. Learn all you can about the diagnosis, talk with your physician about ways to cope with the diagnosis, and find a support group to share your experience and learn from others. As caregivers, remember to take care of yourself in order to deal with the frustration and anxiety of the family disease.

In Ecclesiastes we read, “‘Meaningless!’ says the Teacher. ‘Utterly meaningless! Everything is meaningless.’” These words describe how most depressed people feel. In a subsequent chapter it says, “He has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end.” We can’t separate our physical, mental, and spiritual health. Only when we seek wholeness through our Creator do we find true joy. Joy or wholeness can only be found at the foot of the cross and the empty tomb. Seek medical help but don’t forget to seek spiritual help too.

Physical & Mental Peace to all of you

Kelley Smith, RN

TUMC Parish Nurse

Source: www.mayoclinic.com

September 2011
TRINITY UNITED METHODIST CHURCH

(MT=Ministry Team)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>SUNDAY SCHEDULE</p> <p>8:55 am - Contemporary Worship 10:00 am - Grow Time for ALL ages 11:05 am - Traditional Worship Staffed nursery care provided all morning 1:45 pm - Hispanic Sunday School & Worship</p>	<p>SUNDAY CHOIRS</p> <p>Dance Choirs (Jr, Mid & Sr) Sanctuary 4:00 pm Room 207 4:00 pm Children's Chimes Room 207 5:10 pm Wesley Choir Room 206 5:10 pm Youth Choir Room 206 6:15 pm Trinity Brass Sanctuary</p>	<p>1</p> <p>7:00 pm Risk Taking Mission and Service MT</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>
<p>4</p> <p><i>Holy Communion</i></p>	<p>5</p> <p>Office Closed 7:00 pm Book Club</p>	<p>6</p> <p>TCECD Classes Begin 5:30 pm Zumba 6:30 pm Trustees MT 7:00 pm Staff Parish MT</p>	<p>7</p> <p>6:30 pm Jacob's Ladder 7:30 pm Chancel Choir</p>	<p>8</p> <p>6:30 pm Stephen Ministry Supervision</p>	<p>9</p>	<p>10</p> <p>8:00 am Fall Work Day</p>
<p>11</p> <p><i>Newsletter Deadline</i> <i>Choir Rehearsals Begin</i> 6:30 pm Live Out Loud Youth Group</p>	<p>12</p> <p>6:00 pm Stephen Ministry Training 6:30 pm Women's Bible Study 6:30 pm Youth Council 7:00 pm Children's MT</p>	<p>13</p> <p>11:30 am UMW 5:30 pm Zumba 6:15 pm Passionate Worship MT 7:00 pm Lay Leadership Recruitment MT</p>	<p>14</p> <p>5:30 pm Women's MT 6:00 pm Sonshine Singers 6:30 pm Jacob's Ladder 7:30 pm Chancel Choir</p>	<p>15</p>	<p>16</p> <p>6:30 pm SYG: Girls Guide to Football 6:30 pm Veggie Tales Movie Night</p>	<p>17</p>
<p>19</p> <p>6:00 pm Stephen Ministry Training 6:30 pm Women's Bible Study</p>	<p>20</p> <p>5:30 pm Zumba 7:00 pm Radical Hospitality MT</p>	<p>21</p> <p>6:00 pm Sonshine Singers 6:30 pm Jacob's Ladder 7:00 pm Extravagant Generosity MT 7:30 pm Chancel Choir</p>	<p>22</p> <p>6:30 pm Stephen Ministry Supervision</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>25</p> <p>6:30 pm Live Out Loud Youth Group</p>	<p>26</p> <p>12:00 pm Senior Citizen Luncheon 6:00 pm Stephen Ministry Training 6:30 pm Women's Bible Study</p>	<p>27</p> <p>5:30 pm Zumba 7:00 pm Intentional Faith Dev. MT</p>	<p>28</p> <p>1:00 pm Newsletter Collating 6:00 pm Sonshine Singers 6:30 pm Jacob's Ladder 7:30 pm Chancel Choir</p>	<p>29</p>	<p>30</p>	<p>31</p> <p>Awakening Music Festival</p>

SEPTEMBER VOLUNTEERS

Date	Drivers	Acolytes	Lay Readers	Ushers	Greeters
9/4	Matt Stegle 301-694-2649	TBD	Brenda Martin	8:55 - Chris Freel, Sue Rowland 11:05 - Larry Boyer, Adrian Winpigler, Mike & Pam Lesperance	8:55 - Jennie Sue Pearson, Joyce Rowe 11:05 - Gloria Kripowicz, Jo Berwager
9/11	Tim Weschler 301-432-0598	TBD	Barbara Maxwell	8:55 - Tony Driebelbies, Carol Chatfield 11:05 - Jerry Ryan, Ida Vanaman, Judy & Michele Pickens	8:55 - Jan Bradstock, Kathi Groover 11:05 - Dave & Ann Magoon
9/18	Lars DeSalvio 301-831-8171	TBD	Frank Glaspell	8:55 - Ernell Graham, Patti Jordan 11:05 - Larry Boyer, Dave Romer, Wayne Buckingham, Mary Wallick	8:55 - Michael & Marisa Hombach 11:05 - Linda Herrick, Ida Vanaman
9/24	Leroy Daisey 301-473-9079	TBD	Jim Spiller	8:55 - Nancy Shipe, Clint Wright 11:05 - Larry Boyer, Barb Ellis, Larry & Anna Marie Linton	8:55 - Leroy & Jan Daisey 11:05 - Randy & Tracy Carter



We are trying to be better stewards of the church's resources and are offering an electronic version of the monthly newsletter for those interested. If you would like to receive an electronic version instead of a paper copy, please e-mail Patty at tumc@trinityfrederick.org.

NEWSLETTER COLLATING DATES

Wednesday September 28 1 pm
Thursday October 27 1 pm
Monday November 28 1pm

These dates are subject to change. We are always looking for more volunteers. If you can help, please call Ruby Fine @ 301-371-5617.

NEWSLETTER SUBMISSIONS

Please submit your information or article for the monthly Newsletter in one of the following ways :

- mail or deliver to the church office
- email to TUMC@trinityfrederick.org.

Information for the October 2011 Newsletter will be due the second Sunday of September - September 11.

OFFICE AND PASTOR HOURS

The church office hours are 9am - 4pm, Monday through Friday.

Pastor Lynn works part-time and is in the office Monday, Tuesday, and Wednesday. She usually makes her pastoral visits in the afternoon on these days.

Reverend Dameron's day off is Monday. He is usually in the office Tuesday afternoon, Wednesday morning, Thursday afternoon, and Friday morning - other times by appointment.

Your pastors are ALWAYS available by phone.

Glen: 301-467-5200(cell) and 301-869-9696(home)
 Lynn: 304-279-6800(cell) and 304-728-7530(home)

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 tumc@trinityfrederick.org
 www.trinityfrederick.org

Non-Profit Organization
U.S. Postage Paid
Frederick, MD 21701
Permit #12

CHANGE SERVICE REQUESTED



**CHOIR
 REHEARSALS**



SUNDAYS - START SEPTEMBER 11

4:00 pm	Dance Choirs	Sanctuary	Jr: Grade 1-5 Mid: Grade 6-8 Sr: Grade 9-Adult	Christy DeFrance 301-698-9674
4:00 pm	Children's Chimes	Room 207	3rd - 5th Grade	Jason Jones 301-663-3712
5:10 pm	Wesley Choir	Room 207	1st - 5th Grade	Sherri Mercer 301-748-5394
5:10 pm	Youth Choir	Room 206	6th - 12th Grade	Denise Berry 301-668-2736
6:15 pm	Trinity Brass	Sanctuary	9th Grade - Adult	Matt Stegle 301-694-2649

WEDNESDAYS - START SEPTEMBER 14

6:00 pm	Sonshine Singers	Room 208	3 years - Kindergarten	Chelsea Bondarenko 240-409-4316
7:30 pm	Chancel Choir	Room 206	Adults	Valerie Wittkamper 301-631-2252