



**Cloverleaf**  
Trinity United Methodist Church

**July 2020**

Volume 32 ♦ Number 7



*Trinity  
Drive In Church*

SUNDAY MORNINGS AT 10AM  
STARTING JULY 5TH  
TUMC PARKING LOT-PATRICK ST. SIDE

Please note: There will be no parking lot service if raining. Cancellations will be posted by 8am at [www.trinityfrederick.org](http://www.trinityfrederick.org), sent our via email for those on our mailing list, and available by phone recording at 301-662-2895.

## Joy Comes in the Morning!!

Psalm 30 is about the dedication of the Temple.  
The 4<sup>th</sup> and 5<sup>th</sup> verse made me think of our Church. (the people not the building!)

Sing praises to the LORD, O you his saints,  
and give thanks to his holy name  
For his anger is but for a moment,  
and his favor is for a lifetime.  
Weeping may tarry for the night,  
but joy comes with the morning.



What we are going through with this pandemic, not being able to be together, is difficult for all of us. We continue to praise Him and give Him thanks. Even if, at this point, it is through electronic means. Don't get me wrong, I kind of like being able to praise God with a cup of coffee in my PJ's, but I do miss my Church Family!! It does make me sad and even weep, because I can't be with people I cherish and feel closest to God with. I know that being together is not the sole purpose of our Church. We are supposed to go out and make disciples. But it all starts with the people we worship with and get strength from. The strength we get from God and from each other can make us stronger and give us peace. When this all started, I didn't think we would be apart for so long. Most of our ministries put on hold. We were able to have a blood drive for the Red Cross a couple of weeks ago, and 19 people were able to give blood. We were able to let the City Youth Matrix use our MPR to get together "Buckets of Hope" for Children to encourage learning through the summer. We will be back together, hopefully sooner than later. Member Care and Nurture has continued to pray for all of us. As a team we don't have a lot to do when we don't meet on Sundays. A lot of what we were doing stopped when our team members couldn't visit church members in nursing homes and assisted living. We are still sending cards to members and doing what we can. Pastor John and Pastor Mark are contacting and keeping in touch with our sick and people who can't get out. Some of our team are available to get medication or food if anyone needs it. You can let the office know or let me know. (home phone 240-379-6768) I can't wait to see all of you again and be with you to worship our living God. In the meantime, remember that Joy Comes in the Morning. And sometime soon that morning will come, and we will be together again. Blessings, Don Hott and the Member Care and Nurture team.

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### Reflecting on John Wesley: Church and Society Ministry

At this time when the USA is being called on to fully address its continuing history of racial oppression amidst an unprecedented pandemic, the Church and Society Ministry would like to bring to your attention an article on John Wesley and his relevancy for conservatives by Michael Gerson that appeared in the June 16, 2020 Washington Post.

Perhaps we followers of the tenets set forth by John Wesley, Methodism, can also be guided by the columnist's conclusions about Wesley's stance on dehumanizing social practices.

Gerson writes, (Those) "... seeking guidance on dealing with racial matters have much to learn from Wesley: his passion for human dignity, his embrace of empathy, his willingness to follow the demands of justice beyond his ideological comfort zone. Even as a conservative, Wesley demonstrated that a sincere, consistent commitment to human dignity is more radical than most imagine."

As we go forth each day living our lives based on the teachings of Jesus Christ, let each of us strive to ensure that the actions we undertake and/or endorse are based on human dignity, love for our fellow persons, and a willingness to follow what these first two demand in terms of justice.

TRINITY PASTORAL  
COUNSELING CENTER



The month of July is dedicated to National Minority Mental Health Awareness month.

Since 2008, this month has been dedicated to the education and awareness of the unique needs of minority groups. NAMI has approached this with the saying, "Strength over Silence."

Several years ago, laws were enacted so that mental health was supposed to be on equal footing with physical care. While some aspects are getting better, parity hasn't happened. Disparities between the general population and minority groups exist at an even higher rate. Various stressors and stigma add to the challenges that many people of color may experience.

The Agency for Healthcare Research and Quality (AHRQ) reports that *racial and ethnic minority groups in the U.S. are less likely to have access to mental health services, less likely to use community mental health services, more likely to use emergency departments, and more likely to receive lower quality care.* Poor mental health care access and quality contribute to poor mental health outcomes, including suicide, among racial and ethnic minority populations.

(taken from <https://www.minorityhealth.hhs.gov/omh/content.aspx?ID=9447>)

Trinity Pastoral Counseling Center aims to be a part of the solution by raising this topic and encouraging all of us to help break down barriers such as negative perceptions about mental illness. We encourage anyone who is struggling with their thoughts and feelings to seek the appropriate help. **Please don't suffer in silence.**

Diane Younkins,  
Director



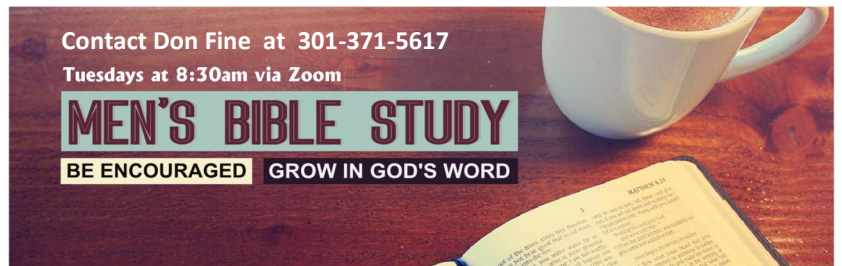
**As Parking Lot Service begins, WATCH for NEW ZOOM TIMES for classes that were zooming on Sunday mornings.**

**A NEW STUDY with Pastor Mark on MONDAYS, starting July 6**

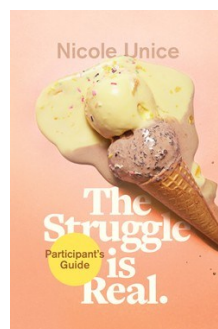


Date: Mondays starting July 6  
Location: Zoom Meeting  
Time: 6:30pm to watch the Video & 7pm for the Study & Discussion

**To sign up or ask questions, please email [pastormark@trinityfrederick.org](mailto:pastormark@trinityfrederick.org) or call 301-662-2895.**



**Women's Summer Bible Study...**



**THE STRUGGLE IS REAL**

*Getting better at life, stronger in faith and free from the stuff keeping you stuck*

Join any time ... **WEDNESDAYS VIA ZOOM**  
9:30am and 7pm

Call Heather at 301 662 2895

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Permit #12

## CHANGE SERVICE REQUESTED

### *In·ten·tion·al*

*deliberate, done on purpose, not by accident*

**Are You Interested in being part of  
the Intentional Faith Development  
Ministry Team?**

If so, contact the church office at 301-662-2895 or email Curtis Osborne at cptoza@aol.com or Heather Throckmorton at Heatherthrockmorton@trinityfrederick.org. Team meetings will begin soon via zoom.



**Many thanks** to the A/V Team, Guy Berry and Vince Osborne for the many hours of dedication you have and continue to put forth making online worship a reality!

These past few months have proven to be trying and from the heart of Trinity, and on behalf of our gracious congregation, thank you for your efforts and time. We are truly blessed to have the A/V team working hard week after week so that even though we are apart, we can truly



months have and different times, of the staff here at Trinity, and on behalf of many members of the congregation, we want to thank you for your efforts and time. We are truly blessed to have the A/V team working hard week after week so that even though we are apart, we can truly

Thank you for going *above and beyond!*  
~Love your Trinity family~

### Community



**Sunday:** Drive In Service in the parking lot at 10am. Please call the office or check the website for inclement weather cancellation.

**Monday:** Starting July 6th, Pastor Mark's Bible Study at 6:30pm (video) and 7pm (discussion) via zoom.

**Tuesday:** Men's Bible Study at 8:30am via zoom.

**Wednesday:** Women's Bible Study at 9:30pm & 7:00pm via zoom.

Please call 301-662-2895 or visit [www.trinityfrederick.org](http://www.trinityfrederick.org) for more information about our services.