

NATIONAL DAY OF PRAYER | MAY 6TH, 2021



THURSDAY, MAY 6, 2021 NATIONAL DAY OF PRAYER

PARTICIPATE IN THE NATIONAL DAY OF PRAYER @ TUMC

COME BE PART OF ONE OR MORE **TRINITY PRAYER WALKS...**
MEET UNDER THE PORTICO AT 6AM, 12 NOON OR 7PM

LORD POUR OUT YOUR
LOVE, LIFE, AND

Liberty

2 CORINTHIANS 3:17



WWW.NATIONALDAYOFPRAYER.ORG

70
Years of Prayer
for America
1952-2021

From the Pastor's Desk...

This month we celebrate one of the most revered days in the nation's collective heritage. You probably guess it: Mother's Day. What gave it away? May be the fact that it is May and that every year we celebrate this most auspicious of days? At any rate, as with many things we celebrate in the U.S., which we know little to nothing about, mother's day is one of those celebrations which eludes our understanding. Some of you know the story of how this celebration came to be but many do not know why this holiday became such an important day in our calendar?



Julia Ward Howe

You probably have heard of the name of Julia Ward Howe, and many of you probably remember her better by one of the most influential hymns in the history of this country: *The Battle Hymn of the Republic*. Yes, that's right she was the author. However, we also owe her in great part the celebration of Mother's Day.

In the 19th Century, Ms. Ward Howe was considered *a reformer, a feminist, a suffragist, an abolitionist, clubwoman, writer, activist, and a poet* (she was reared in the Episcopal Church but at a young age joined the Unitarian Universalist Church). She was able to do all these things during a time when women were not supposed to have a public presence in 1912 but in 1914 President Woodrow Wilson declared the first national Mother's Day.

The ideals inspiring Ward Howe, as well as Anna Jarvis, run deep from the well of their faith. Their faith was one that inspired and molded their deep desire for peace with justice, and equality. Ward Howe's dislike for slavery, her support of woman's right to vote, equality for women and black people, and others, stemmed out of those convictions and values she learned in her church. Therefore, the declaration urging the observance of a *Mother's Day for Peace* tells the tale of how she viewed the observance of this holiday:

Arise then...women of this day!
 Arise, all women who have hearts!
 Whether your baptism be of water or of tears!
 Say firmly:
 "We will not have questions answered by irrelevant agencies,
 Our husbands will not come to us, reeking with carnage,
 For caresses and applause.
 Our sons shall not be taken from us *to unlearn*
 All that we have been able to teach them of charity, mercy and patience.
We, the women of one country,
Will be too tender of those of another country
To allow our sons to be trained to injure theirs."



Certainly this is not our traditional understanding of the observance of Mother's Day. The Declaration ushered by these women was not only a call but also a challenge to American society to look for peaceful means as a way to resolve conflict (especially after coming out of the Civil War). This statement has to be understood also in the shadow of the war to end all wars (as the First World War came to be known).

When this declaration urged women to refuse to accept husbands who came home from wars "reeking carnage," this is not your typical mother's day. Indeed, the declaration challenged women in America not to let their children go to

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war to *unlearn* what they “have been able to teach them [about] charity [love], mercy and patience,” indeed, some strong Christian values. This is certainly not your typical Mother’s Day imagery.

Ward Howe, and many other women of faith of every generation, had taught us, and modeled for us, how to live our lives as Disciples of the living and resurrected Christ. These Christian women helped us realize that we are more than our limitations, the world tells us that we are little and insignificant, that the problems of the world are too grand for us to handle. But the scripture reminds us that we are the children of the living God, and with God all things are possible. As followers of Jesus we cannot accept the status quo of misogyny, xenophobia, racism, war mongering, sexism, etc., as God’s divinely sanctioned order. On the contrary, as disciples of Christ we are charged with the responsibility to bring the changes and the challenges that the Kingdom of God proclaims: “to bring good news to the poor. ...to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord’s favour.” (Lk 4:18-19). And as we live out our calling we shall “inherit the kingdom prepared for you from the foundation of the world; for I was hungry and **you gave me food**, I was thirsty and **you gave me something to drink**, I was a stranger and **you welcomed me**, I was naked and **you gave me clothing**, I was sick and **you took care of me**, I was in prison and **you visited me**.”

Indeed, Mothers Day is a celebration of the courage, commitment, sensitivity, care, and love for our mothers. But it is also a reminder that we, like Julia and Anna, are empowered by the Holy Spirit, which was given to us on Pentecost (another special celebration of the Christian year), in order to bring the values of God’s Kingdom on the world.

As Paul says in his letter to the Romans: “I appeal to you therefore, ...[d]o not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.” (Romans 12:1-2).

Your servant in Christ,
Pastor Eliezer




BWC Ministries

Upcoming Events Opportunities for Discipleship, Growth and Transformation

ACES Training

May 1, 10 a.m. to 3 p.m.

Free, online training on understanding and supporting children facing adverse childhood experiences (ACES) and trauma. Sponsored by Retreat and Camping Ministries and Wellness and Mission. [Learn more and register.](#)



Wellness & Missions

Next Level Leader Academy

May 4, 10 a.m. to Noon

"Evaluating, Eliminating, and Energizing: Making Ministry Matter," presented by Rev. Donna Claycomb Sokol. [Learn more.](#) [Register.](#)



Leadership Development

Board of Child Care Auxiliary meeting

May 13, 1 p.m.

The keynote speaker will be L.A. Spagnola, president and chief executive officer of the Board of Child Care. [Register](#) before April 30 and Zoom contact information will be sent to you.



Wellness & Missions

Christians Engaged in Faith Formation

May 13, 9:30 a.m.

Christian educators gather to discuss, “How to begin again – Children and Family Ministry After Re-opening.” [Learn more.](#)



Young People's Ministry

Deacon Exploration Session

May 15, 1 p.m.

Provides an overview of the Deacon's role and ministry within the life of the church. [Register online.](#) Contact the [Rev. Leo Yates](#) for more information.



Leadership Development













Important Updates on In-person Worship @ Trinity UMC

It's Happening!



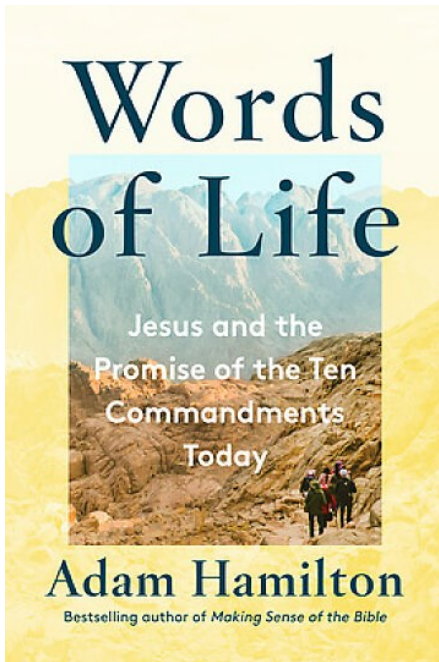
Trinity's Re-entering Well Task Force is grateful to announce a return to safe, modified, indoor worship on Sunday mornings. In this first phase, Sunday worship service will be the only in-person activity restarting. We understand that not everyone is comfortable with public, indoor gatherings and services will continue to be livestreamed as well.

Please refer to the following instructions when preparing to worship in-person at Trinity*

Important Information	Answers to Common Questions
 <p>There will be one worship service at 10:00am on Sundays. Please arrive 20-30 minutes early to allow time for parking, check-in & usher-led seating.</p>	 <p>Where do I park and enter the building? Again, please plan to arrive early, park and enter the building on THE SIDE FACING PATRICK STREET.</p>
 <p>Due to limits in the number of people the Sanctuary can safely accommodate, we are asking that you reserve a spot to let us know you are coming each week.</p> <p>How to do that:</p> <ul style="list-style-type: none"> Each Wed.-Fri., for the following Sunday, fill out the short, online RSVP health form found at www.trinityfrederick.org. If you do not have computer access, please call the office Wed.-Fri. from 10am to 2pm & you will be able to verbally RSVP & complete the form. 	 <p>What do I do when I get inside church?</p> <ul style="list-style-type: none"> Please go straight to the welcome table in the lobby to let us know you have arrived. Next, you will be directed to an area where an usher will lead you and/or household members (<i>only people that live together</i>) to seating in the Sanctuary. At the conclusion of the service ushers will again lead you to an appropriate exit.
 <p>Please bring your mask! Masks are required for all (age 5 & up) while you are on the Trinity campus.</p>	 <p>Will we be singing? Please follow pastoral instructions shared throughout the service.</p>
 <p>Please maintain social distancing at every opportunity... lines, doorways, restrooms, outdoors, etc.</p>	 <p>What if I RSVPed that I am coming but then I, or someone in my household does not feel good on, or prior to, Sunday? Kindly stay at home if anyone in the household is not feeling good on, or prior to, Sunday. The livestreamed service will be available.</p>
 <p>Child care will not be available at this time.</p>	 <p>What if too many people want to come? A small number of overflow spaces may be available in other sanitized spaces in the church. Listening on 90.7FM in the parking lot or watching the livestream are additional options.</p>
 <p>Restrooms will be open and available for use.</p>	

We hold everyone's health and safety in the highest priority and want to bring God glory in how we care for each other. As regulations and guidelines are eased, so will our protocols. In the meantime, we invite you to rejoice and enjoy worshipping together as we take appropriate steps toward a more conventional worship experience. Thank you immensely for your patience and prayers.

(* subject to change should Covid-19 statistics or CDC protocols indicate)



So what do the 10 Commandments have to do with me today?

Pastor Mark to lead a Zoom-based Bible Study Mondays starting May 17 ♦ 6 weeks ♦ 7-8pm

Join Pastor Mark as he leads the study, *Words of Life: Jesus and the Promise of the Ten Commandments Today*. Best-selling author Adam Hamilton brings modern eyes to the most famous set of rules in history, recovering the Ten Commandments as more than just a set of onerous prohibitions. He considers the commandments in their historical context, unpacking the meaning of each commandment in Hebrew, how Jesus reinterpreted them, and how Jews and Christians have understood them over the millennia. He also explores how the latest research in science and psychology illuminates these commandments, rightly understood as a way of ordering one's life beautifully in the present day. In a culture marked by workaholicism, materialism, and social media-driven envy, God has given us a time-tested path that leads to gratitude, confidence, and peace.

Women's Ministry is Inviting Your Help to be a May Blessing

Trinity's Women's Ministry is collecting gift cards to benefit a single mom of four daughters whose house was destroyed by fire. While restoration efforts are underway, there are "everyday expenses" that are still challenging. If you would like to contribute to a "gift card bouquet" for this mom, please send your gift cards to the Trinity Office at 703 West Patrick Street, Frederick, MD 21701. Please write "BOUQUET" on the outside of the envelope.



Tuesday's at 8:30am via Zoom

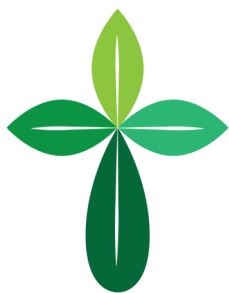
MEN'S
Bible
STUDY

Link available at www.trinityfrederick.org

HAPPY MOTHER'S DAY!

Sunday, May 9th

TRINITY PASTORAL
COUNSELING CENTER



Now, more than ever, we need to combat the stigma surrounding mental health concerns. That's why this Mental Health Month the counseling center is highlighting **#Tools2Thrive** - what individuals can do throughout their daily lives to prioritize mental health, build resiliency, and continue to cope with the obstacles of COVID-19.

We know that the past year forced many to accept tough situations that they had little to no control over. If you found that it impacted your mental health, you aren't alone. In fact, of the almost half a million individuals that took the anxiety screening at MHAScreening.org, 79% showed symptoms of moderate to severe anxiety. There are a variety of screening tools on this site.

There are also practical tools that can help improve your mental health. MHAScreening.org is a quick, free, and confidential way for someone to assess their mental health and begin finding hope and healing.

TPCC wants to remind everyone that mental illnesses are real, and recovery is possible. By developing your own **#Tools2Thrive**, it is possible to find balance between life's ups and downs and continue to cope with the challenges brought on by the pandemic and other stressors. For more information, visit www.mhanational.org/may.

Blessings,

Diane Younkings, LCPC, NCC

Director and Pastoral Counselor

Strength

by Inspiration Ministries

"A wise man is strong, and a man of knowledge increases power."
- Proverbs 24:5 NASB

How do we become strong? In physical terms, the body becomes stronger through exercise and the development of muscles. Nations gain strength by expanding their resources and developing their economic and military might. But there are other types of strength.

The Bible tells us that *"a wise man is strong."* The principle here is that real strength is a by-product of God's wisdom. Why? Because those who have Godly wisdom are given a power beyond their natural abilities. They have strength of character, which comes from resolve, determination, faith, and convictions.

The Hebrew words used in this passage suggest that strength comes from having skills and then developing these skills; from being experienced and intelligent; to be so equipped that we can face challenges and persevere in the face of obstacles; and seeking God's discernment so we are able to make wise decisions.

In a similar way, if we want to increase in *"power,"* the Bible tells us we should be a person *"of knowledge."* Physical strength and prowess have certain advantages, but the Bible continually reminds of the importance of spiritual strength. This means being filled with the Spirit, surrendering to the lordship of Jesus, and basing our lives on God's Word.

But we also are warned, *"If you fall under pressure, your strength is too small"* (v. 10 NLT). This implies being ready for the pressure situations we all face from time to time. We must be armed, prepared, and equipped—ready for spiritual attacks and knowing how to respond.

The Bible also reminds us that, in ourselves, we are weak. As Paul taught, we should realize that *"when I am weak, then I am strong"* (2 Corinthians 12:10). Real strength comes from reliance on God.

Do you face challenges in your life? Remember to seek God's wisdom. Ask Him for His perspective on the issues you face. And remember to depend on Him, knowing that He is with you. Regardless of the problems you face, you can trust Him.

Prayer

Father, I commit these issues to You: _____. I seek Your wisdom. Thank You for giving me Your strength. I depend on You. In Jesus' name. Amen.

Extended Reading

Proverbs 24

For the web version of this devotional, refer to the following website:
<https://inspiration.org/daily-devotional/strength-from-god/>



Monday, May 31st

Thank you to the men and women who have sacrificed so much....

1 John 3:16

"¹Hereby perceive we the love of God, because he laid down his life for us: and we ought to lay down our lives for the brethren."

In observance of Memorial Day, the church office will be unavailable by phone on Monday, May 31st. Have a safe and blessed Memorial Day.



SAVE THE DATE!
SAVE A LIFE!
 Friday, May 28



The church office is currently closed due to COVID-19. Should you need anything, please call or email the office to make arrangements.

Your pastor is ALWAYS available by phone.

Eliezer: 301-662-2895(work) and 240-285-9623(cell)

NEWSLETTER SUBMISSIONS

Please submit your information or article for the monthly Newsletter in one of the following ways :

- mail or deliver to the church office
- email to TUMC@trinityfrederick.org.

Information for the June 2021 newsletter will be due the second Sunday of May– May 9.



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Frederick, MD 21701
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CHANGE SERVICE REQUESTED

MONTHLY PRAYER SERVICE

*Celebrate and live into the power of prayer through
scripture, hymns, individual & collective prayer.*

Trinity's new, online,
monthly prayer
service, available
via Zoom, will
happen on the last
Thursday of every
month from
6-6:30pm.

To request the link for
the service, please email
Pastor Eliezer at
seniorpastor
@trinityfrederick.org
or visit
www.trinityfrederick.org

THIS MONTH:
May 27

