VERSE OF THE DAY	HERE TO SERVE YOU		
"Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need" -Hebrews 4:16	Shannon Sullivan Mark Claiborne John Morrill Heather Throckmorton	Senior Pastor Associate Pastor Minister of Visitation Cell 443-340-5110 Director of Program Ministries Administrative Assistant Director of Community Engagement Director of Youth Ministries Coordinator of Music & Arts	
GIVING For your	Jenna Cintron Curtis Osborne Wendy Huff Angela Spencer		
convenience in electronic giving.	Guy Berry Tamara Cashour E-mail: tumc@trinityfred	Director of Audio & Media Ministries Organist erick.org Phone: 301-662-2895	

FOR OUR CHURCH AND OUR COMMUNITY

Trinity Pastoral Counseling Center

301-662-8908 or tpcc@trinityfrederick.org (Hours by Appointment)

"The Wisdom of Waiting on God"

Psalm 130

During hard times, it's easy to wonder why the Lord is taking so long to bring relief. Like the psalmist, we cry to God "out of the depths" for help (Psalm 130:1), but as time drags on, we may be tempted to take matters into our own hands. Believers, however, are not to operate as the world does, determining a course of action based on human reasoning or the example of others. Instead, our guidance is to come from God, and our hope is to be in His Word (Psalm 130:5-6).

It's important that we cooperate with Him so the time spent waiting will prove productive and beneficial. God can use such "holding patterns" to reveal sinful behaviors or thinking and to develop new heart attitudes. Waiting can also provide an opportunity to deepen our trust and dependence on Him. And when we follow God's timetable, He gives us the grace to endure difficult situations with confidence and peace. It's a blessing to know we're where God wants us and He's promised to take care of us.

If you're in God's waiting room, remember that He is your hope—and in His time He will move you forward.

-Daily Devotional from intouch.org



Sunday, July 4, 2021

703 West Patrick Street Frederick, Maryland 21701 301-662-2895 www.trinityfrederick.org

Mission Statement

In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.

Vision Statement

Make disciples for Jesus Christ, transform the community and world.

Sunday Schedule

8:45am **Grow Time-Open Door** Indoor/Live Stream 10:00am

Worship

11:30am **Grow Time-Youth**

Grow Time classes are via Zoom.... If you would like the link to join the class or study, please email the church office at tumc@trinityfrederick.org.



SAFE TRAVELS YOUTH AND MISSION **MINISTRY TEAMS!!**

Please keep our ASP Youth Mission Team in your prayers as they travel very early Sunday morning, July 4, to Harlan County, Kentucky. They will be serving for a week, returning to Frederick, MD on Saturday, July 10. The team totals 18, with 11 youth, young adults and adults from Trinity UMC, and 7 from Princeton, NJ who are teaming with them.

Trinity Friends:

- Ryan Dwan, Jeff Ecker, Brayden Ecker, Dick Gessner, Kim Gessner, William Holland, Joseph Huff, Kara Huff, Wendy Huff, Jasmine Osborne New Jersey Friends:
- Audrey Blanford, Scott Blanford, Ben Cupit, Walt Cupit, Molly Legay, Amanda Long, Cathy Murphy

Welcome Pastor Shannon!

Hello Trinity! I wanted to use the news letter to introduce myself and invite you to meet with me!

One of my favorite scripture verses and the way I understand what it means to be a Christian is John 10:10b when Jesus explains, "I came that they may have life, and have it abundantly." I strive to live abundantly and to help others live abundantly through our generosity and advocacy and service, through our hospitality and kindness and prayer. Abundance, for me, happens through imagining and living into a world where everyone has enough to eat and no one lives in fear of vio-

lence and everyone Since I was young, I community was a place dantly and help others

I am a life-long United generation clergywomlove of God through in Vacation Bible trips to Bosnia and Her-I took over teaching schooler, and my mom



feels enveloped in love. thought the church where I could live abunlive abundantly.

Methodist and second an. I experienced the Sunday school teachers, School, and on mission zegovina as a teenager. parts of VBS as a middle said she knew I had a

call to ministry then but I didn't! I went to college thinking I would become a missionary, that I would serve God in some way working for social justice or in caring or teaching ministries. I wanted a job like my mom's, but I never wanted to be a pastor! I had my first faith crisis in college when life did not go as planned, and emerging from that hurt is when I first heard my call to ministry.

I parent with my wonderful spouse Aaron Harrington. We have been together since high school and still kinda like each other! He is a pilot for a charter jet company, and he loves all things airplanes. He used to be an aerospace engineer, he is restoring a 1940s airplane (I helped ribstitch!), and he has his helicopter license too. He is also the chief flight instructor at Frederick Flight Center. He is currently teaching himself to play the banjo to prove he has other interests besides airplanes. We love traveling together, whether or not Aaron is flying us there, and exploring Frederick. He fills my life with abundant love and has abundant patience with me when I am weird. Which happens on occasion (or maybe all the time, but I'll let you find that out). We have a dog named Stella, two cats, and six chickens, all of whom feature prominently in our adventures as well.

I hope you sign up for one of my meet-and-greets later this summer or email me about another time to meet up in person or virtually. I want to hear your faith stories and find out your hopes and dreams for our ministry together. May we all live into the abundant life Jesus came to give us!

> This is an excerpt from Pastor Shannon's welcome letter; look for the whole article in the July Monthly Cloverleaf.

SEE WHAT'S HAPPENING AT TRINITY...

Sunday	July 4 8:45 am 10:00 am 11:30 am	Welcome Pastor Shannon! Grow Time-Open Door Sunday Service Youth Grow Time	ROOM 302/ZOOM INDOOR/LIVESTREAM
Tuesday	July 6 8:30 am 7:00 pm	Men's Bible Study Re-Entering Well Task Force	
Sunday	July 11 8:45 am 10:00 am 11:30 am	Grow Time-Open Door Sunday Service Youth Grow Time	ROOM 302/ZOOM INDOOR/LIVESTREAM
Monday	July 12 7:00 pm	Church Council	
Tuesday	July 13 8:30 am	Men's Bible Study	
Thursday	July 15 7:00 pm	Stewardship & Finance Meeting	

All meetings, studies and classes are currently happening via zoom... if you would like to request the link for any of the studies, please contact the church office at tumc@trinityfrederick.org or 301-662-2895. You can also sign up for the weekly email at www.trinityfrederick.org.



In observance of the holiday, the church office will be closed on Monday, July 5th. Have a safe and fun-filled holiday with family and

"So if the Son makes you free, you will -John