

VERSE OF THE DAY	HERE TO SERVE YOU	
"Come to me, all you who are weary and burdened, and I will give you rest." -Matthew 11:28	<i>Shannon Sullivan</i> <i>John Morrill</i> <i>Heather Throckmorton</i> <i>Jenna Cintron</i> <i>Curtis Osborne</i> <i>Wendy Huff</i> <i>Denise Berry</i> <i>Guy Berry</i> <i>Dominic Bechtel</i>	Senior Pastor <i>Cell 410-937-8835</i> Minister of Visitation <i>Cell 443-340-5110</i> Director of Program Ministries Administrative Assistant Director of Community Engagement Director of Youth Ministries Coordinator of Music & Arts Director of Audio & Media Ministries Organist
<b>GIVING</b>		
For your convivence in electronic giving:		E-mail: <a href="mailto:tumc@trinityfrederick.org">tumc@trinityfrederick.org</a> Phone: 301-662-2895
<b>FOR OUR CHURCH AND OUR COMMUNITY</b>		
Trinity Pastoral Counseling Center 301-662-8908 or <a href="mailto:tpcc@trinityfrederick.org">tpcc@trinityfrederick.org</a> (Hours by Appointment)		

## TRINITY PASTORAL COUNSELING CENTER CLOSING & INFO ABOUT INSPIRIT

After almost 38 years, Trinity UMC will be closing the counseling center at the end of 2022. The church has decided to work with Inspirit Counseling Services instead of continuing to operate a counseling center. Inspirit provides pastoral counseling through churches in the region. We feel confident that their clinicians and staff will be caring and capable.

The number for Inspirit is: 410-433-8861, or toll-free 1-800-427-4027. Let them know that you are from Trinity. One of the benefits of Inspirit is that they accept a broad range of insurance and payment options.

As part of the agreement with Inspirit, in-person space will be provided at Trinity UMC. The upstairs counseling center above the church

offices will no longer be used for counseling. Inspirit will also provide tele-mental health services.

The church will continue to offer scholarship funds specifically for mental health services. The G. Frank Thomas fund graciously continued to support TUMC's ministry in providing mental health services with a \$2500.00 grant for 2023.

May God's blessings continue in your counseling ministry,

Diane Younkings, LCPC, LPC,  
NCC  
Director and Pastoral  
Counselor





# Sunday, January 1, 2023

703 West Patrick Street  
Frederick, Maryland 21701  
301-662-2895  
[www.trinityfrederick.org](http://www.trinityfrederick.org)

### Mission Statement

*In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.*

### Vision Statement

*Make disciples for Jesus Christ, transform the community and world.*

### Sunday Schedule

8:45am	Grow Time-Open Door
10:00am	Service-Sanctuary
11:30am	Grow Time-Youth

*Visit [www.trinityfrederick.org](http://www.trinityfrederick.org) for more information on weekly happenings, special events, studies and classes.*

### ALTAR FLOWERS

The flowers on the altar today are in honor of Janey Andrew's birthday, Jan 1, given by her children, grandchildren and great-grandchildren, with love.

### WEEKLY E-MAILS

Trinity sends out a weekly e-mail of upcoming events. If you are currently not receiving this fantastic email but would like to, please send your preferred e-mail address to the church office at [tumc@trinityfrederick.org](mailto:tumc@trinityfrederick.org).

### Sunday Grow Time: Open Door, 4 session series starting January 8th, In person & Zoom at 8:45am

### The Power of Praying® for Your Adult Children by Right Now Media


“Although there are different stages and seasons of parenting responsibilities, your heart and mind will always be with each one of your children for the rest of your life. You never stop being a parent who deeply cares about your child's well-being.”

*To read more about this series and to purchase a study book, visit: <https://app.rightnowmedia.org/en/content/details/767817>*

The Power of a

# PRAYING®

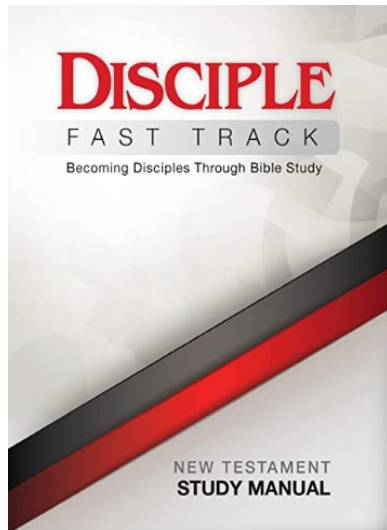
# Parent



STORMIE OMARTIAN  
BESTSELLING AUTHOR

# Recycle Your Christmas Cards

What to do with all your Christmas cards? Why not recycle them for a good cause? The ARC of Carroll County uses the fronts of Christmas, birthday and all sorts of cards for various projects throughout the year. If you would like to donate your cards, please cut off the fronts and place them in the Collection Center in the Narthex. If you have any questions, please contact Wayne Buckingham at 301-473-5563.



## DISCIPLE FAST TRACK - NEW TESTAMENT

**MONDAY NIGHTS starting January 9 at 6:30pm**  
**Hybrid Format, 12 Weeks**

*Team-facilitated by Pastor Shannon & Heather Throckmorton*  
*To sign up, please visit the Studies+ section at*  
[www.trinityfrederick.org](http://www.trinityfrederick.org)  
*or call the office at 301 662 2895*

*Disciple Fast Track, an adaptation of the original, bestselling Disciple Bible Study, provides a viable option for busy people who want to know the Bible, and its application to our lives, over time.*

### STAFF GIFT THANK YOU!!

On behalf of Trinity Staff, we would like to say thank you to those who donated to the 2022 Staff Gift. We are very grateful for your generous donations to make this gift possible. Thank you again and may the new year bring peace and blessings.

*-Church Staff*



### SEE WHAT'S HAPPENING AT TRINITY...

<b>Sunday</b>	<b>January 1</b>	10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
<b>Monday</b>	<b>January 2</b>	7:00 pm	Church Council	ROOM 302/304 & ZOOM
<b>Tuesday</b>	<b>January 3</b>	8:30 am	Men's Bible Study	ZOOM
<b>Wednesday</b>	<b>January 4</b>	6:00 pm	Chancel Choir	ROOM 206
		6:30 pm	Praise Team	SANCTUARY
<b>Sunday</b>	<b>January 8</b>	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
		6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206
<b>Monday</b>	<b>January 9</b>	6:30 pm	Disciple Fast Track New Testament	ROOM 302/304 & ZOOM
<b>Tuesday</b>	<b>January 10</b>	8:30 am	Men's Bible Study	ZOOM
<b>Wednesday</b>	<b>January 11</b>	6:00 pm	Chancel Choir	ROOM 206
		6:30 pm	Praise Team	SANCTUARY





The church office is open Monday through Thursday, from 9am-4pm and Fridays from 9am-12pm, with phones available until 4pm.