

VERSE OF THE DAY	HERE TO SERVE YOU	
"My salvation and my honor depend on God; he is my mighty rock, my refuge." -Psalm 62:7	<i>Shannon Sullivan</i> <i>John Morrill</i> <i>Heather Throckmorton</i> <i>Jenna Cintron</i> <i>Curtis Osborne</i> <i>Wendy Huff</i> <i>Denise Berry</i> <i>Guy Berry</i> <i>Dominic Bechtel</i>	Senior Pastor Cell 410-937-8835 Minister of Visitation Cell 443-340-5110 Director of Program Ministries Administrative Assistant Director of Community Engagement Director of Youth Ministries Coordinator of Music & Arts Director of Audio & Media Ministries Organist
GIVING		
For your convivence in electronic giving: Text to give: 301-265-2895		
FOR OUR CHURCH AND OUR COMMUNITY		
Inspirit Counseling 410-433-8861 (Hours by Appointment)	  	

TRINITY PASTORAL COUNSELING CENTER CLOSING & INFO ABOUT INSPIRIT

After almost 38 years, Trinity UMC will be closing the counseling center at the end of 2022. The church has decided to work with Inspirit Counseling Services instead of continuing to operate a counseling center. Inspirit provides pastoral counseling through churches in the region. We feel confident that their clinicians and staff will be caring and capable.

The number for Inspirit is: 410-433-8861, or toll-free 1- 800-427-4027. Let them know that you are from Trinity. One of the benefits of Inspirit is that they accept a broad range of insurance and payment options.

As part of the agreement with Inspirit, in-person space will be provided at Trinity UMC. The upstairs counseling center above the church

offices will no longer be used for counseling. Inspirit will also provide tele-mental health services.

The church will continue to offer scholarship funds specifically for mental health services. The G. Frank Thomas fund graciously continued to support TUMC's ministry in providing mental health services with a \$2500.00 grant for 2023.

May God's blessings continue in your counseling ministry,

Diane Younkings, LCPC, LPC,
NCC
Director and Pastoral
Counselor



	<h1 style="margin: 0;">Sunday, January 15, 2023</h1> <p style="margin: 0;">703 West Patrick Street Frederick, Maryland 21701 301-662-2895 www.trinityfrederick.org</p>						
<h3 style="text-align: center;">Mission Statement</h3> <p style="text-align: center;"><i>In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.</i></p> <h3 style="text-align: center;">Vision Statement</h3> <p style="text-align: center;"><i>Make disciples for Jesus Christ, transform the community and world.</i></p>	<h3 style="text-align: center;">Sunday Schedule</h3> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">8:45am</td> <td>Grow Time-Open Door</td> </tr> <tr> <td>10:00am</td> <td>Service-Sanctuary</td> </tr> <tr> <td>11:30am</td> <td>Grow Time-Youth</td> </tr> </table> <p style="text-align: center;"><i>Visit www.trinityfrederick.org for more information on weekly happenings, special events, studies and classes.</i></p>	8:45am	Grow Time-Open Door	10:00am	Service-Sanctuary	11:30am	Grow Time-Youth
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**MARTIN LUTHER KING JR. 2023 ANNUAL
BELOVED COMMUNITY POTLUCK
TOMORROW, JANUARY 16 AT 6PM**

Volunteers needed! If you would like to help out for the community potluck, please contact Annette Breiling at 818-422-6208. See insert for more information.

JOY CLUB LUNCHEON

The J.O.Y. Club (Just Older Youth - Senior Citizens) will hold their monthly luncheon on Monday, January 23 at **11:30am** at Modern Asia (1306 W. Patrick St.). All 55 and over are welcome. Bring a friend! If you need a ride or additional information, please call Denny Shafer at 301-663-5043.

FIFTH SUNDAY COLLECTIONS

The dates for the 5th Sunday Collections for 2023 are January 29, April 30, July 30 and October 29. On January 29, a special collection will be taken to support local and

national disaster recovery projects. Your support is greatly appreciated, but please keep in mind that these offerings will be in addition to your regular church givings, and not in place of them.

INCLEMENT WEATHER NOTICES

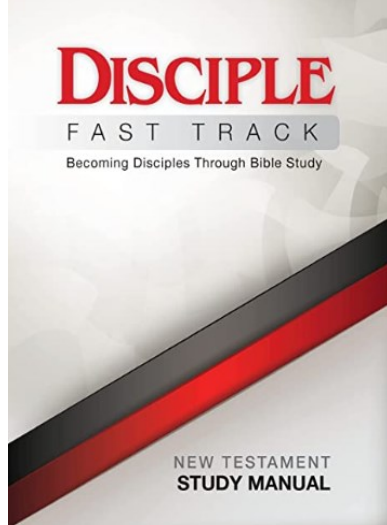
Let it Snow! Let it Snow! Oh No...
When weather conditions are bad and church services and/or programs must be canceled, postponed, or moved to virtual only, the information will be posted at www.trinityfrederick.org, the church office phone voicemail, and on FaceBook. We tend to follow the school closing/delays during weekdays

ONLINE PRAYER REQUESTS

You can submit your prayer requests online (and/or pray for others)! Visit www.trinityfrederick.org/prayer-needs and let us know how we can be praying for you.

Recycle Your Christmas Cards

What to do with all your Christmas cards? Why not recycle them for a good cause? The ARC of Carroll County uses the fronts of Christmas, birthday and all sorts of cards for various projects throughout the year. If you would like to donate your cards, please cut off the fronts and place them in the Collection Center in the Narthex. If you have any questions, please contact Wayne Buckingham at 301-473-5563.



DISCIPLE FAST TRACK - NEW TESTAMENT

MONDAY NIGHTS starting January 9 at 6:30pm
Hybrid Format, 12 Weeks
NO Meeting 1/16/23

Team-facilitated by Pastor Shannon & Heather Throckmorton
To sign up, please visit the Studies+ section at
www.trinityfrederick.org
or call the office at 301 662 2895

Disciple Fast Track, an adaptation of the original, bestselling Disciple Bible Study, provides a viable option for busy people who want to know the Bible, and its application to our lives, over time.



Are you actively involved in the ministry of your church? If not, there are many ministries that might be the perfect fit for you! Here are just a few ways in which you can serve:

- Missions
- Stewardship
- Music
- Youth
- Women's
- Member Care
- Hospitality
- Altar Guild
- Children
- Young Adult
- Education
- Church & Society

For more info, contact Heather at 301-662-2895 or heatherthrockmorton@trinityfrederick.org.

SEE WHAT'S HAPPENING AT TRINITY...

Sunday	January 15	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
		6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206
Monday	January 16	6:00 pm	MLK Jr. Community Potluck	MPR
Tuesday	January 17	8:30 am	Men's Bible Study	ZOOM
Wednesday	January 18	6:00 pm	Chancel Choir	ROOM 206
		6:30 pm	Praise Team	SANCTUARY
Thursday	January 19	7:00 pm	Stewardship & Finance	ZOOM
Sunday	January 22	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
		6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206
		6:30 pm	Youth Group	MPR



The Church Office will be closed on Monday, January 16 in observance of Martin Luther King Jr. Day. We will reopen on Tuesday, January 17.



The church office is open Monday through Thursday, from 9am-4pm and Fridays from 9am-12pm, with phones available until 4pm.