

Merry Christmas! That's right- it's still Christmas until Epiphany on January 6! We are so grateful to have been able to spend this season with Trinity finally, after all the sorrow of last Advent and Christmas.

Last year we did much, so this earlier. But honestly a Christmas seems strange to me but it is true. and was so Zekie pulls out all decorations every year puts them away rates them into decor. Now, Christmas too, of helped me get the Christmas spirit a little as did our fun party and the family Living party! Zekie's help, by Christmas Eve rolls little more jolly, Christmas spirit for well beyond the 12 Days of Christmas that start Christmas Day.



not celebrate year we started. I am not a mas person. say as the pastor, I love Halloween. I'm pleased that the Halloween time we try to and just incorporate the Christmas. Zekie loves course, and into the Christmas-earlier this year- kids Christmas amazing Community. But even without the time Christmas-around, I get a I stay into the

January is a dreary month, and the glow of Christmas lights helps me through. So even though I'm slow to decorate for Christmas, I also leave the decorations up far longer than December 26th, just to keep some of that cheer around a bit longer. But as Christians, the Christmas spirit isn't about the cheer. It's love and generosity in response to the love and generosity of God. This year for Christmas, my mom decided not to give my sisters and I gifts since we have everything we need and can buy most things we want. She donated to Knott County Board of Education for Hindman Elementary's library that was flooded out in the Kentucky floods earlier this year. I love reading, and already have plenty on my To Be Read list- what better gift could she have given me than sharing that love of reading with kids in need?!

We are often generous at the holidays, looking back over the year and remembering how much we have received. But what if, as Scripture tells us, we give our first fruits, and start off the new year with generosity as well? I plan to donate to UMCOR and other organizations working in Haiti this month, and to open my heart to be more generous with my time, talent, and treasure no matter the season.

What are ways you can keep Christmas alive even when your tree is packed away and you've taken the lights back down?

Christmas Eve Live Nativity Services 2022



To our pastors, Rev. Shannon Sullivan, Pastor John and to all of the staff and volunteers, in front of and behind the scenes, biggest gratitude for all of your hard work, dedication, and time that was put into making these services possible. What a blessing to be able to have these three services on Christmas Eve, together in person and online! Many thanks simply isn't enough, and we are blessed to have the Pastors and many volunteers continue to dedicate their God given skills to Trinity UMC.

Thank you, God bless, and be well!

-Church Staff

Recycle Your Christmas Cards

What to do with all your Christmas cards? Why not recycle them for a good cause? The ARC of Carroll County uses the fronts of Christmas, birthday and all sorts of cards for various projects throughout the year. If you would like to donate your cards, please cut off the fronts and place them in the Collection Center in the Narthex. If you have any questions, please contact Wayne Buckingham at 301-473-5563.



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TRINITY PASTORAL COUNSELING CENTER CLOSING & INFO ABOUT INSPIRIT

After almost 38 years, Trinity UMC will be closing the counseling center at the end of 2022. The church has decided to work with Inspirit Counseling Services instead of continuing to operate a counseling center. Inspirit provides pastoral counseling through churches in the region. We feel confident that their clinicians and staff will be caring and capable.

The number for Inspirit is: 410-433-8861, or toll-free 1- 800-427-4027. Let them know that you are from Trinity. One of the benefits of Inspirit is that they accept a broad range of insurance and payment options.

As part of the agreement with Inspirit, in-person space will be provided at Trinity UMC.

The upstairs counseling center above the church offices will no longer be used for counseling. Inspirit will also provide tele-mental health services.



The church will continue to offer scholarship funds specifically for mental health services. The G. Frank Thomas fund graciously continued to support TUMC's ministry in providing mental health services with a \$2500.00 grant for 2023.

May God's blessings continue in your counseling ministry,

Diane Younkings, LCPC, LPC, NCC
Director and Pastoral Counselor

Stay in the Know!

Text to Give

Text-to-give is a new service by Easy Tithe (our online giving platform). For convenient giving on the go, text "GIVING" to 301-265-2895 and you will be sent a direct link to our online giving form to access right on your phone. If you have any questions, please contact Jenna at the Church office, 301-662-2895 or email tumc@trinityfrederick.org.

WEEKLY E-MAILS

Trinity sends out a weekly e-mail of upcoming events. If you are currently not receiving this fantastic email but would like to, please e-mail your preferred

e-mail address to the church office at tumc@trinityfrederick.org.

UPPER ROOM UPDATE

The Upper Room (January/February) is available for pickup in the black mailbox by the church office entrance. Feel free to stop by and pick up your copy! If you would like to have a mailed copy instead, please make a \$1 donation (payable by cash, check or EasyTithe on the church website) and email tumc@trinityfrederick.org, with your request and current mailing address. You can also call the church office at 301-662-2895. Contact the church office if you have any questions.

Current Church Office Closings

The office will be closed on Monday, January 19 in observance of Martin Luther King Jr. day. Thank you and God bless.

STAFF GIFT THANK YOU!!

On behalf of Trinity Staff, we would like to say thank you to those who donated to the 2022 Staff Gift. We are very grateful for your generous donations to make this gift possible. Thank you again and may the new year bring peace and blessings.

-Church Staff



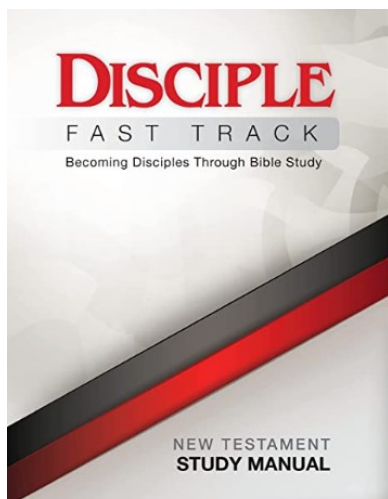


Happy New Year from your Music and Arts Team!

New year, new start for all of our Music/Arts groups at TUMC. It's a great time to consider trying one of these groups. Our directors are welcoming, our group members are friendly, and they would love to get to know you! Please contact any of our group leaders for more information,

or just show up to a practice. No experience necessary. If you have any suggestions or thoughts about Music and Art in worship at TUMC, please contact our Coordinator, Denise Berry at dberry24@comcast.net or cell phone 301-471-8980.

Group	Meeting Day & Time	Meeting Room	Leader
Chancel Choir Adult	Wednesdays 6:00 – 7:30 p.m.	206	Valerie Wittkamper 301-788-2147 valwitt@gmail.com
Praise Band Grade 9 - Adult	Wednesdays 6:30 p.m.	Sanctuary	Jim Chamblee 240-344-1231 jimchamblee2005@yahoo.com
Joyful Ringers <i>Handbell Choir</i> Grade 9 - Adult	Sundays 6:30 – 7:45 p.m.	206	Kathy Kohl 301-704-4547 RevKKohl@verizon.net
Trinity Brass Grade 9 - adult	Sundays 5:00 – 6:00 p.m.	Sanctuary	Matt Stegle 301-509-3042 info@trinitybrass.org
Youth Choir Grades 6 - 12	Sundays 5:00 - 6:15 p.m.	207	Denise Berry 301-471-8980 dberry24@comcast.net
Wesley Choir Grades 1 - 5	TBD	TBD	Looking for a director! Contact Denise Berry with suggestions or to volunteer.
Liturgical Movement Group Grade 3 - Adult	TBD	Sanctuary	Wendy Huff 301-602-0950 huff.wendy@gmail.com
Drama Group Grade 6 - Adult	TBD	Sanctuary	Denise Berry 301-471-8980 dberry24@comcast.net



DISCIPLE FAST TRACK - NEW TESTAMENT

MONDAY NIGHTS starting January 9 at 6:30pm

Hybrid Format, 12 Weeks

Team-facilitated by Pastor Shannon & Heather Throckmorton
To sign up, please visit the Studies+ section at www.trinityfrederick.org
or call the office at 301 662 2895

Disciple Fast Track, an adaptation of the original, bestselling Disciple Bible Study, provides a viable option for busy people who want to know the Bible, and its application to our lives, over time.

MONTHLY PRAYER SERVICE

THIS MONTH:
January 26

Celebrate and live into the power of prayer through scripture, hymns, individual & collective prayer.

Trinity's online, monthly prayer service, available via Zoom, will happen on the last Thursday of every month from 6-6:30pm. To request the link for the service, please email the church office at tumc@trinityfrederick.org or go online www.trinityfrederick.org,



Sunday Adult Grow Time 4 session series
starting January 8th, In person & Zoom at
8:45am

The Power of Praying® for Your Adult Children by Right Now Media

"Although there are different stages and seasons of parenting responsibilities, your heart and mind will always be with each one of your children for the rest of your life. You never stop being a parent who deeply cares about your child's well-being.

In these four engaging episodes, bestselling author, Stormie Omartian, discusses how to pray for your adult children to understand God's purpose for their lives, resist evil influences and destructive behavior, and recognize their need for God."...

To read more about this series and to purchase a study book, visit:

<https://app.rightnowmedia.org/en/content/details/767817>

The Power of a
PRAYING®
Parent
STORMIE OMARTIAN
 BESTSELLING AUTHOR

(MT=Ministry Team) January 2023 TRINITY UNITED METHODIST CHURCH						
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 Happy New Year!	2 7:00 pm Church Council	3 8:30 am Men's Bible Study	4 6:00 pm Chancel Choir 6:30 pm Praise Team	5	6	7
8	9 6:30 pm Disciple Fast Track Bible Study	10 8:30 am Men's Bible Study	11 6:00 pm Chancel Choir 6:30 pm Praise Team	12 6:30 pm Stephen Ministry	13	14
15	16 6:30 pm Disciple Fast Track Bible Study	17 8:30 am Men's Bible Study	18 6:00 pm Chancel Choir 6:30 pm Praise Team	19 7 pm Stewardship & Finance MT	20	21
22 6:30 pm Youth Group	23 11:30 am JOY Club Luncheon 6:30 pm Disciple Fast Track Bible Study	24 8:30 am Men's Bible Study 7:00 pm Trustees MT	25 6:00 pm Chancel Choir 6:30 pm Praise Team	26 6:00 pm Online Prayer Service 6:30 pm Stephen Ministry	27	28
29 6:30 pm Youth Group	30 6:30 pm Disciple Fast Track Bible Study	31 8:30 am Men's Bible Study	SUNDAY SCHEDULE 8:45 am - Grow Time "Open Door" 10:00 am - Worship Service 11:30 am - Youth Grow Time		SUNDAY MUSIC SCHEDULE 5:00 pm - Youth Choir 5:00 pm - Trinity Brass 6:30 pm - Joyful Ringers Handbell Choir	

CHURCH STAFF

[illegible]

CHURCH LEADERS & MINISTRY TEAM CHAIRS

Co-Chairpersons, Altar Guild.....*Sue Rowland*
Pamela Lesperance
 Chairperson, Member Care & Nurture MT.....*Don Hott*
 Chairperson, Fellowship & Hospitality MT.....*Dick Gessner*
 Chairperson, Children's MT.....*TBD*
 Chairperson, Youth MT.....*TBD*
 Chairperson, Church & Society MT.....*Dorothy Granberry*
** Ministry Team*



We are trying to be better stewards of the church's resources and are offering an electronic version of the monthly newsletter for those interested. If you would like to receive an electronic version instead of a paper copy, please e-mail the church office at tumc@trinityfrederick.org.



The church office
will be closed on
Monday, January 16
in observance of the
holiday.

NEWSLETTER SUBMISSIONS

Please submit your information or article for the monthly Newsletter in one of the following ways :

- mail or deliver to the church office
- email to ***TUMC@trinityfrederick.org***.

Information for the February 2023 newsletter will be due the second Sunday of January – January 8.



The church office is open Monday through Thursday, from 9am-4pm and Friday from 9am-12pm, with the phone being available until 4pm.

Your pastor is here for you:
Rev. Shannon Sullivan
(off on Fridays):

301-662-2895 (work)
410-937-8835 (cell)
seniorpastor@trinityfrederick.org



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www.trinityfrederick.org

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CHANGE SERVICE REQUESTED

