


VERSE OF THE DAY	HERE TO SERVE YOU	
"But you, O Lord, are a shield around me, my glory, and the one who lifts up my head." -Psalm 3:3	<i>Shannon Sullivan</i> <i>John Morrill</i> <i>Heather Throckmorton</i> <i>Jenna Cintron</i> <i>Curtis Osborne</i> <i>Wendy Huff</i> <i>Denise Berry</i> <i>Guy Berry</i> <i>Dominic Bechtel</i>	Senior Pastor <i>Cell 410-937-8835</i> Minister of Visitation <i>Cell 443-340-5110</i> Director of Program Ministries Administrative Assistant Director of Community Engagement Director of Youth Ministries Coordinator of Music & Arts Director of Audio & Media Ministries Organist
GIVING		
For your convivence in electronic giving:		E-mail: tumc@trinityfrederick.org Phone: 301-662-2895
FOR OUR CHURCH AND OUR COMMUNITY		
Inspirit Counseling 410-433-8861 (Hours by Appointment)		

TRINITY PASTORAL COUNSELING CENTER CLOSING & INFO ABOUT INSPIRIT

After almost 38 years, Trinity UMC will be closing the counseling center at the end of 2022. The church has decided to work with Inspirit Counseling Services instead of continuing to operate a counseling center. Inspirit provides pastoral counseling through churches in the region. We feel confident that their clinicians and staff will be caring and capable.

The number for Inspirit is: 410-433-8861, or toll-free 1- 800-427-4027. Let them know that you are from Trinity. One of the benefits of Inspirit is that they accept a broad range of insurance and payment options.

As part of the agreement with Inspirit, in-person space will be provided at Trinity UMC. The upstairs counseling center above the church

offices will no longer be used for counseling. Inspirit will also provide tele-mental health services.

The church will continue to offer scholarship funds specifically for mental health services. The G. Frank Thomas fund graciously continued to support TUMC's ministry in providing mental health services with a \$2500.00 grant for 2023.

May God's blessings continue in your counseling ministry,

Diane Younkings, LCPC, LPC,
NCC
Director and Pastoral
Counselor



 <h1 style="margin: 0;">Trinity</h1> <h2 style="margin: 0;">United Methodist</h2>	<h2 style="margin: 0;">Sunday, January 8, 2023</h2> <p style="margin: 0;">703 West Patrick Street Frederick, Maryland 21701 301-662-2895 www.trinityfrederick.org</p>						
<h3 style="margin: 0;">Mission Statement</h3> <p style="margin: 0;"><i>In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.</i></p>	<h3 style="margin: 0;">Sunday Schedule</h3> <table style="margin: 0; width: 100%;"> <tr> <td style="width: 50%;">8:45am</td> <td>Grow Time-Open Door</td> </tr> <tr> <td>10:00am</td> <td>Service-Sanctuary</td> </tr> <tr> <td>11:30am</td> <td>Grow Time-Youth</td> </tr> </table> <p style="margin: 10px 0 0 0;"><i>Visit www.trinityfrederick.org for more information on weekly happenings, special events, studies and classes.</i></p>	8:45am	Grow Time-Open Door	10:00am	Service-Sanctuary	11:30am	Grow Time-Youth
8:45am	Grow Time-Open Door						
10:00am	Service-Sanctuary						
11:30am	Grow Time-Youth						
<h3 style="margin: 0;">Vision Statement</h3> <p style="margin: 0;"><i>Make disciples for Jesus Christ, transform the community and world.</i></p>							

SUNDAY GROW TIME: OPEN DOOR
4 session series: *In person & Zoom at 8:45am*

The Power of Praying® for Your Adult Children by Right Now Media

“Although there are different stages and seasons of parenting responsibilities, your heart and mind will always be with each one of your children for the rest of your life. You never stop being a parent who deeply cares about your child's well-being.”

To read more about this series and to purchase a study book, visit: <https://app.rightnowmedia.org/en/content/details/767817>

WVA EMMAUS JANUARY GATHERING
Will be at Trinity UMC on Saturday, January 14 at 6pm. The gathering will start in the Multipurpose Room and move to the Sanctuary at 7pm. The following information is taken from

<https://westvirginiaemmaus.org/walk-to-emmaus/>

“The walk to Emmaus is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed to you through other believers.

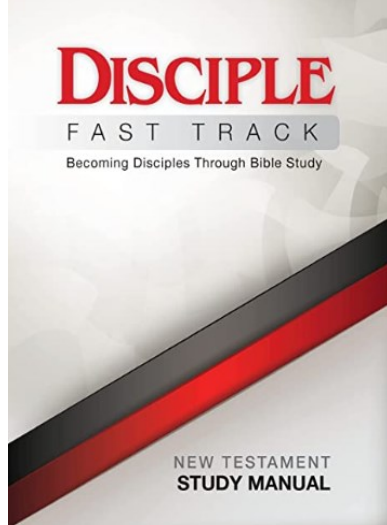
The objective of Emmaus is to inspire, challenge, and equip the local church members for Christian action in their homes, churches, communities and places of work. Emmaus lifts up a way for our grace-filled lives to be lived and shared with others.”

MARTIN LUTHER KING JR. 2023 ANNUAL BELOVED COMMUNITY POTLUCK MONDAY, JANUARY 16 AT 6PM

Volunteers needed! If you would like to help out for the community potluck, please contact Annette Breiling at 818-422-6208. See insert for more information.

Recycle Your Christmas Cards

What to do with all your Christmas cards? Why not recycle them for a good cause? The ARC of Carroll County uses the fronts of Christmas, birthday and all sorts of cards for various projects throughout the year. If you would like to donate your cards, please cut off the fronts and place them in the Collection Center in the Narthex. If you have any questions, please contact Wayne Buckingham at 301-473-5563.



DISCIPLE FAST TRACK - NEW TESTAMENT

MONDAY NIGHTS starting January 9 at 6:30pm
Hybrid Format, 12 Weeks

Team-facilitated by Pastor Shannon & Heather Throckmorton
To sign up, please visit the Studies+ section at
www.trinityfrederick.org
or call the office at 301 662 2895

Disciple Fast Track, an adaptation of the original, bestselling Disciple Bible Study, provides a viable option for busy people who want to know the Bible, and its application to our lives, over time.

STAFF GIFT THANK YOU!!

On behalf of Trinity Staff, we would like to say thank you to those who donated to the 2022 Staff Gift. We are very grateful for your generous donations to make this gift possible. Thank you again and may the new year bring peace and blessings.

-Church Staff



SEE WHAT'S HAPPENING AT TRINITY...

Sunday	January 8	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
	6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206	
Monday	January 9	6:30 pm	Disciple Fast Track New Testament	ROOM 302/304/ZOOM
Tuesday	January 10	8:30 am	Men's Bible Study	ZOOM
Wednesday	January 11	6:00 pm	Chancel Choir	ROOM 206
		6:30 pm	Praise Team	SANCTUARY
Thursday	January 12	6:30 pm	Stephen Ministry	ROOM 108/ZOOM
Saturday	January 14	11:00 am	Cathy Saul's Memorial Service	SANCTUARY
		12:00 pm	Reception for Cathy Sauls	MPR
		6:00 pm	WVA Emmaus January Gathering	MPR
		7:00 pm	WVA Emmaus January Gathering	SANCTUARY
Sunday	January 15	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
	6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206	



The church office is open Monday through Thursday, from 9am-4pm and Fridays from 9am-12pm, with phones available until 4pm.