

VERSE OF THE DAY	HERE TO SERVE YOU	
<p>"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." -James 1:17</p>	<p><i>Shannon Sullivan</i> Senior Pastor Cell 410-937-8835  <i>John Morrill</i> Minister of Visitation Cell 443-340-5110  <i>Heather Throckmorton</i> Director of Program Ministries  <i>Jenna Cintron</i> Administrative Assistant  <i>Curtis Osborne</i> Director of Community Engagement  <i>Wendy Huff</i> Director of Youth Ministries  <i>Denise Berry</i> Coordinator of Music &amp; Arts  <i>Guy Berry</i> Director of Audio &amp; Media Ministries  <i>Dominic Bechtel</i> Organist</p>	
GIVING		
<p>For your convience in electronic giving: Text "giving" to: 301-265-2895</p> 	<p>E-mail: <a href="mailto:tumc@trinityfrederick.org">tumc@trinityfrederick.org</a> Phone: 301-662-2895</p>	
FOR OUR CHURCH AND OUR COMMUNITY		
<p>Inspirit Counseling 410-433-8861 (Hours by Appointment)</p>	  	

**DO YOU CHAIR, CO-CHAIR OR HELP LEAD ANY MINISTRY FUNCTION, TEAM OR GROUP AT TUMC NOW OR THE COMING YEAR?**

**DID YOU REPRESENT TRINITY AT ANNUAL CONFERENCE, OR ANY OTHER MEETING OR EVENT IN 2022 OR WILL YOU IN 2023?**

***THEN THERE IS SEAT HELD FOR YOU AT THE TRINITY MINISTRY 2023 KICKOFF***

A TICKET FOR YOU



"A FRESH YEAR, FRESH START, FRESH HEART"

# Game



# N

SATURDAY, FEB. 11 9AM-NOON @ "TRINITY FIELD"



SEAT 10  
ROW 1  
SEC VIP

QUESTIONS? CALL HEATHER THROCKMORTON AT 301.662.2895



## Sunday, February 5, 2023

703 West Patrick Street  
Frederick, Maryland 21701  
301-662-2895  
[www.trinityfrederick.org](http://www.trinityfrederick.org)

### Mission Statement

In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.

### Vision Statement

Make disciples for Jesus Christ, transform the community and world.

### Sunday Schedule

8:45am	Grow Time-Open Door
10:00am	Service-Sanctuary
11:30am	Grow Time-Youth

Visit [www.trinityfrederick.org](http://www.trinityfrederick.org) for more information on weekly happenings, special events, studies and classes.

#### ALTAR FLOWERS

The flowers on the altar today are given by Wayne Buckingham in memory of his father, Albert Buckingham.

#### FILL IT FULL OF FOOD

The Missions Ministry Team is asking you to fill the bin marked "food bank" located in the collection center in the Narthex full of food to help feed hungry Frederick families. In the past, the goal has been to fill-a-pew (now collection bin) with canned goods and non-perishable food items on **Sundays, February 5 & 12**. Then, the food will be delivered to the Frederick Food Bank for distribution to hungry people in Frederick. Each week, bring food to help fill it and watch as it grows!

#### INCLEMENT WEATHER NOTICES

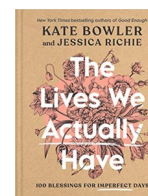
Let it Snow! Let it Snow! Oh No! When weather conditions are bad and church services and/or programs must be canceled, postponed, or moved to virtual only, the information will be

posted at [www.trinityfrederick.org](http://www.trinityfrederick.org), the church office phone voicemail, and on FaceBook. We tend to follow the school closing/delays during weekdays.

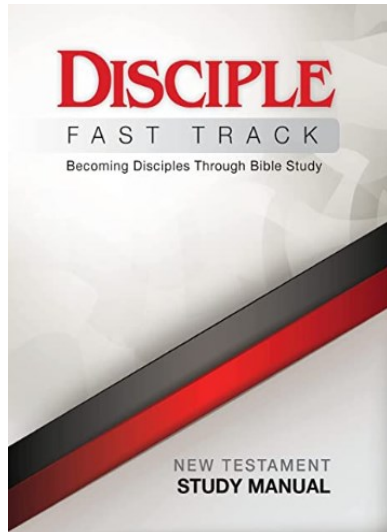
#### SOUPER BOWL OF CARING

The Kansas City Chiefs will be taking on the Philadelphia Eagles in the **Super Bowl on February 12, 2023**. It's also an opportunity to help feed hungry people in Frederick. If you're going to watch the game, please plan to donate at least \$1 to the Souper Bowl of Caring *during worship on Sunday, February 12th*

#### WOMEN'S BIBLE STUDY STARTING FEB. 22



The next women's study will be going through Kate Bowler's new release, *The Lives We Actually Have*. Those who want to participate can get a book from your favorite book seller, available after 2/14. Morning class will be at 9:30. Watch for details about evening class time as Lenten plans are finalized.



## DISCIPLE FAST TRACK - NEW TESTAMENT

**MONDAY NIGHTS starting January 9 at 6:30pm**  
**Hybrid Format, 12 Weeks**

*Team-facilitated by Pastor Shannon & Heather Throckmorton*  
*To sign up, please visit the Studies+ section at*  
*[www.trinityfrederick.org](http://www.trinityfrederick.org)*  
*or call the office at 301 662 2895*

*Disciple Fast Track, an adaptation of the original, bestselling Disciple Bible Study, provides a viable option for busy people who want to know the Bible, and its application to our lives, over time.*

### SEE WHAT'S HAPPENING AT TRINITY...

<b>Sunday</b>	<b>February 5</b>	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		4:00 pm	Snow Tubing at Ski Liberty	
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
		6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206
<b>Monday</b>	<b>February 6</b>	6:30 pm	Disciple Fast Track New Testament	ROOM 302/304/ZOOM
		8:00 pm	Church Council	ROOM 302/304/ZOOM
<b>Tuesday</b>	<b>February 7</b>	8:30 am	Men's Bible Study	ZOOM
		7:00 pm	SPRC	ZOOM
<b>Wednesday</b>	<b>February 8</b>	6:00 pm	Chancel Choir	ROOM 206
		7:00 pm	Praise Team	SANCTUARY
<b>Thursday</b>	<b>February 9</b>	6:30 pm	Stephen Ministry	ROOM 108/ZOOM
<b>Saturday</b>	<b>February 11</b>	9:00 am	Ministry Team Kickoff	Trinity Field
<b>Sunday</b>	<b>February 12</b>	8:45 am	Grow Time: Open Door	ROOM 108 & ZOOM
		10:00 am	Sunday Service	SANCTUARY/LIVESTREAM
		11:30 am	Youth Grow Time	ZOOM
		5:00 pm	Trinity Brass	SANCTUARY
		5:00 pm	Youth Choir	ROOM 207
		6:30 pm	Joyful Ringers, Handbell Choir	ROOM 206
		6:30 pm	Youth Group	MPR

## Join Us For Ash Wednesday

**February 22**

**7pm**

Sanctuary for imposition of ashes  
Livestream will be available



**seeking:**  
*Is this the fast  
that I choose?*



The church office is open Monday through Thursday, from 9am-4pm and Fridays from 9am- 12pm, with phones available until 4pm.