A Trinity Summer Prayer Walk Opportunity

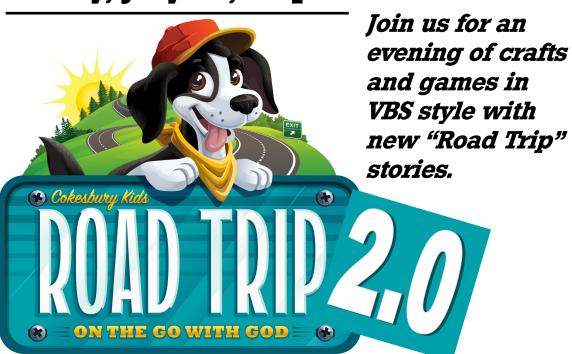


What is the Forty Forty™ Challenge?

The Forty Forty Challenge is the virtual run/walk that Christians have been waiting for! Forty Forty is an opportunity to bring your devotional to LIFE. This happens by completing a 1-mile walk or run each day focusing on the Lord by yourself or with others and completing scripture readings. For those of you wanting to push yourself even more, there are optional daily challenges to grow your faith and become more like Christ.

Please contact Heather Throckmorton for more information. Email heatherthrockmorton@trinityfrederick.org or text or call 240.409.5359

Friday, July 25, 5-7pm



SEE WHAT'S HAPPENING AT TRINITY . . .

Sunday	July 20 8:45 am 10:00 am 11:30 am 11:30 am	Grow Time: Open Door Sunday Service Youth Grow Time Trinity Brass	ROOM 302/304 & ZOOM SANCTUARY ZOOM SANCTUARY
Monday	July 21 9:00 am 6:30 pm	Lay Servant Class Women's Bible Study	ROOM 108 ROOM 108
Tuesday	July 22 8:30 am	Men's Bible Study	ZOOM
Wednesday	July 23 9:30 am 6:00 pm 6:00 pm 6:30 pm 7:00 pm	Women's Bible Study Cub Scouts/Boy Scouts Chancel Choir Summer Book Club Praise Team	ROOM 302/304 MPR/ROOM 302/304, 308 ROOM 206 SHAB ROW SANCTUARY
Thursday	July 24 6:30 pm	Stephen Ministry	ROOM 108
Friday	July 25 5:00 pm	Road Trip 2.0	SANCTUARY/MPR
Sunday	July 27 8:45 am 10:00 am 11:30 am 11:30 am	Grow Time: Open Door Sunday Service Youth Grow Time Trinity Brass	ROOM 302/304 & ZOOM SANCTUARY ZOOM SANCTUARY



VERSE OF THE DAY

²³ Then he said to them all, "If any wish to come after me, let them deny themselves and take up their cross daily and follow me. ²⁴ For those who want to save their life will lose it, and those who lose their life for my sake will save it.

Luke 9:23-24 NRSV

GIVING

For your convivence in electronic giving:

Text "giving" to: 301-265-2895



HERE TO SERVE YOU

Shannon Sullivan Senior Pastor Cell 410-937-8835

John Morrill Minister of Visitation Cell 443-340-5110

Heather Throckmorton Director of Program Ministries

Jenna Cintron Administrative Assistant

Director of Community Engagement

Coordinator of Music & Arts

Guy Berry Director of Audio & Media Ministries

E-mail: tumc@trinityfrederick.org Phone: 301-662-2895

FOR OUR CHURCH AND OUR COMMUNITY

Curtis Osborne

Denise Berry



410-433-8861 (Hours by Appointment)







Heads Up — Aesthetically Pleasing Changes Are Coming to Trinity

The Board is excited to announce that a donation has been received to update and make our



church more welcoming and inviting to the community. A team that is being referred to as the Aesthetics Team has been evaluating improvements and upgrades that are needed. The minimum list includes new windows in the sanctuary, cleaning the pews and replacing the upholstery, new sanctuary flooring, and new glass walls and doors in the entrance way that will be ADA compliant. Some additional upgrades would be new lighting in the sanctuary

and entranceway, narthex and entranceway flooring, new dossal curtain, and perhaps some way of brightening and warming the entranceway. The donation will cover most of this work, but information will be coming soon regarding options for how you might be able to support this project.



Sunday, July 20, 2025

703 West Patrick Street Frederick, Maryland 21701 301-662-2895

Mission Statement

In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.

Vision Statement

Make disciples for Jesus Christ, transform the community and world.

Sunday Schedule

8:45am Grow Time-Open Door

10:00am Service-Sanctuary 11:30am Grow Time-Youth

> Visit www.trinityfrederick.org for more information on weekly happenings, special events, studies and classes.

THANK YOU TO OUR GREETERS FOR THE 10AM WORSHIP SERVICE Dave Romer & Olivia Obuadey

ALTAR FLOWERS

The flowers on the altar today are given by Janey Andrews in loving memory of her husband, Clyde.

MEN'S BIBLE STUDY

Please join us on Tuesday mornings at 8:30am via Zoom for a great men's study. All men are welcome. If you are interested in joining, please contact Don Fine at 301-371-5617 or dfine1443@gmail.com for more information.

WEEKLY E-MAILS

Trinity sends out a weekly e-mail of upcoming events. If you are currently not receiving this informative email but would like to, please e-mail tumc@trinityfrederick.org.

