

A Trinity Summer Prayer
Walk Opportunity

Forty forty

starting July 14

What is the Forty Forty™ Challenge?

The Forty Forty Challenge is the virtual run/walk that Christians have been waiting for! Forty Forty is an opportunity to bring your devotional to LIFE. This happens by completing a 1-mile walk or run each day focusing on the Lord by yourself or with others and completing scripture readings. For those of you wanting to push yourself even more, there are optional daily challenges to grow your faith and become more like Christ.

Please contact Heather Throckmorton for more information. Email heatherthrockmorton@trinityfrederick.org or text or call 240.409.5359

Friday, July 25, 5-7pm

Join us for an evening of crafts and games in VBS style with new “Road Trip” stories.



SEE WHAT’S HAPPENING AT TRINITY . . .

Sunday	July 20	8:45 am	Grow Time: Open Door	ROOM 302/304 & ZOOM
		10:00 am	Sunday Service	SANCTUARY
		11:30 am	Youth Grow Time	ZOOM
		11:30 am	Trinity Brass	SANCTUARY
Monday	July 21	9:00 am	Lay Servant Class	ROOM 108
		6:30 pm	Women’s Bible Study	ROOM 108
Tuesday	July 22	8:30 am	Men’s Bible Study	ZOOM
Wednesday	July 23	9:30 am	Women’s Bible Study	ROOM 302/304
		6:00 pm	Cub Scouts/Boy Scouts	MPR/ROOM 302/304, 308
		6:00 pm	Chancel Choir	ROOM 206
		6:30 pm	Summer Book Club	SHAB ROW
		7:00 pm	Praise Team	SANCTUARY
Thursday	July 24	6:30 pm	Stephen Ministry	ROOM 108
Friday	July 25	5:00 pm	Road Trip 2.0	SANCTUARY/MPR
Sunday	July 27	8:45 am	Grow Time: Open Door	ROOM 302/304 & ZOOM
		10:00 am	Sunday Service	SANCTUARY
		11:30 am	Youth Grow Time	ZOOM
		11:30 am	Trinity Brass	SANCTUARY



August 29.

The church office is open Monday through Thursday from 9am-4pm and closed on Fridays through

VERSE OF THE DAY

²³ Then he said to them all, "If any wish to come after me, let them deny themselves and take up their cross daily and follow me. ²⁴ For those who want to save their life will lose it, and those who lose their life for my sake will save it.

Luke 9:23-24 NRSV

GIVING

For your convivence in electronic giving:



Text "giving" to: 301-265-2895

HERE TO SERVE YOU

Shannon Sullivan

Senior Pastor

Cell 410-937-8835

John Morrill

Minister of Visitation

Cell 443-340-5110

Heather Throckmorton

Director of Program Ministries

Jenna Cintron

Administrative Assistant

Curtis Osborne

Director of Community Engagement

Denise Berry

Coordinator of Music & Arts

Guy Berry

Director of Audio & Media Ministries

E-mail: tumc@trinityfrederick.org

Phone: 301-662-2895

FOR OUR CHURCH AND OUR COMMUNITY

 410-433-8861
(Hours by Appointment)



CHANGES
ARE
COMING

Heads Up — Aesthetically Pleasing Changes Are Coming to Trinity

The Board is excited to announce that a donation has been received to update and make our church more welcoming and inviting to the community. A team that is being referred to as the Aesthetics Team has been evaluating improvements and upgrades that are needed. The minimum list includes new windows in the sanctuary, cleaning the pews and replacing the upholstery, new sanctuary flooring, and new glass walls and doors in the entrance way that will be ADA compliant. Some additional upgrades would be new lighting in the sanctuary and entranceway, narthex and entranceway flooring, new dossal curtain, and perhaps some way of brightening and warming the entranceway. The donation will cover most of this work, but information will be coming soon regarding options for how you might be able to support this project.



Trinity

United Methodist

Sunday, July 20, 2025

703 West Patrick Street
Frederick, Maryland 21701
301-662-2895

Mission Statement

In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.

Vision Statement

Make disciples for Jesus Christ, transform the community and world.

Sunday Schedule

8:45am

Grow Time-Open Door

10:00am

Service-Sanctuary

11:30am

Grow Time-Youth

Visit www.trinityfrederick.org for more information on weekly happenings, special events, studies and classes.

THANK YOU TO OUR GREETERS FOR THE 10AM WORSHIP SERVICE

Dave Romer & Olivia Obuadey

ALTAR FLOWERS

The flowers on the altar today are given by Janey Andrews in loving memory of her husband, Clyde.

MEN'S BIBLE STUDY

Please join us on Tuesday mornings at 8:30am via Zoom for a great men's study. All men are welcome. If you are interested in joining, please contact Don Fine at 301-371-5617 or dfine1443@gmail.com for more information.

WEEKLY E-MAILS

Trinity sends out a weekly e-mail of upcoming events. If you are currently not receiving this informative email but would like to, please e-mail tumc@trinityfrederick.org.



Trinity Summer Book Club 2025

Wed. July 23

at 6:30pm at Sweet as Sugarcane
Frederick MADE
Shab Row 130 N. East St Frederick

Thurs. Aug. 7

at 6:30pm at
South Mountain Creamery DOWNTOWN
50 Citizen's Way

It Ends with Us

by Colleen Hoover

Psalm for the Wild Built

by Becky Chambers

(this one's short and sweet!)