

Even though it's hard to feel like Spring is around the corner, don't forget to change your clocks, one hour ahead, on **Sunday, March 8, 2026.**

Hopefully we can all look forward to longer, sunnier days ahead!

*May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit. —Romans 15:13*



### What is Happening in the Life of the Church . . .

|                  |                |          |                                |                     |
|------------------|----------------|----------|--------------------------------|---------------------|
| <b>Sunday</b>    | <b>March 1</b> | 8:45 am  | Grow Time: Open Door           | ROOM 302/304 & ZOOM |
|                  |                | 10:00 am | Sunday Service                 | SANCTUARY           |
|                  |                | 11:30 am | Youth Grow Time                | ZOOM                |
|                  |                | 11:30 am | Trinity Brass                  | SANCTUARY           |
|                  |                | 5:00 pm  | Youth/Children Music           | ROOM 206            |
| <b>Monday</b>    | <b>March 2</b> | 6:30 pm  | Women's Lenten Bible Study     | ROOM 108            |
|                  |                | 7:00 pm  | Handbell Choir                 | ROOM 206            |
| <b>Tuesday</b>   | <b>March 3</b> | 8:30 am  | Men's Bible Study              | ZOOM                |
|                  |                | 6:30 pm  | Invitation to John Bible Study | ROOM 302/304        |
| <b>Wednesday</b> | <b>March 4</b> | 9:30 am  | Women's Lenten Bible Study     | ROOM 302/304        |
|                  |                | 6:00 pm  | Chancel Choir                  | ROOM 206            |
|                  |                | 6:30 pm  | Praise Team                    | SANCTUARY           |
| <b>Sunday</b>    | <b>March 8</b> | 8:45 am  | Grow Time: Open Door           | ROOM 302/304 & ZOOM |
|                  |                | 10:00 am | Sunday Service                 | SANCTUARY           |
|                  |                | 11:30 am | Youth Grow Time                | ZOOM                |
|                  |                | 11:30 am | Trinity Brass                  | SANCTUARY           |
|                  |                | 5:00 pm  | Youth/Children Music           | ROOM 206            |






## Spring Hike

### Saturday, March 21 @ 10am

Worthington  
Farm at  
Monocacy  
Battlefield



|   |           |
|---|-----------|
| <b>Monday</b>                                   | 9am-4pm   |
| <b>Tuesday</b>                                  | 9am-4pm   |
| <b>Wednesday</b>                                | 9am-4pm   |
| <b>Thursday</b>                                 | 9am-4pm   |
| <b>Friday</b>                                   | 9am-12pm* |
| *phones available until 4pm                     |           |
| <b>Office Closed for Lunch Daily 12-12:30pm</b> |           |

| VERSE OF THE DAY  | HERE TO SERVE YOU   |  |
|---|---|--|
| <p><sup>4</sup> Love is patient; love is kind; love is not envious or boastful or arrogant <sup>5</sup> or rude. It does not insist on its own way; it is not irritable or resentful; -1 Corinthians 13:4-5</p> | <p><i>Shannon Sullivan</i> Senior Pastor Cell 410-937-8835<br/> <i>John Morrill</i> Minister of Visitation Cell 443-340-5110<br/> <i>Heather Throckmorton</i> Director of Program Ministries<br/> <i>Jenna Cintron</i> Administrative Assistant<br/> <i>Curtis Osborne</i> Director of Community Engagement<br/> <i>Denise Berry</i> Coordinator of Music &amp; Arts<br/> <i>Guy Berry</i> Director of Audio &amp; Media Ministries</p> |  |
| GIVING  |   |  |
| <p>For your convience in electronic giving:</p>  <p>Text "giving" to: 301-265-2895</p>   | <p>E-mail: <a href="mailto:tumc@trinityfrederick.org">tumc@trinityfrederick.org</a> Call /Text: 301-662-2895</p>  |  |
| FOR OUR CHURCH AND OUR COMMUNITY  |   |  |
|  <p>410-433-8861<br/>(Hours by Appointment)</p>   |     |  |




**Sunday, March 1, 2026**  
**705 West Patrick Street**  
**Frederick, Maryland 21701**  
**301-662-2895**

|   |  |
|---|--|
| <p style="text-align: center;"><b>Mission Statement</b></p> <p style="text-align: center;"><i>In obedience to Matthew 25 (v.31-41), Trinity's mission is to challenge both ourselves and our communities to share the Good News of the Kingdom of God through acts of mercy and justice, compassion and love, piety and intentional faith development.</i></p> <p style="text-align: center;"><b>Vision Statement</b></p> <p style="text-align: center;"><i>Make disciples for Jesus Christ, transform the community and world.</i></p> | <p style="text-align: center;"><b>Sunday Schedule</b></p> <p>8:45am Grow Time-Open Door<br/> 10:00am Service<br/> 11:30am Grow Time-Youth</p> <p style="text-align: center;"><i>Visit <a href="http://trinityfrederick.org">trinityfrederick.org</a> for more information on weekly happenings, special events, studies and classes.</i></p> |
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**THANK YOU TO OUR GREETERS...Don Fine and Dave Romer**  
**THANK YOU TO OUR LAY READER...Maureen Dominguez**

*Holy Week In Slow Motion*



**A LOT CAN HAPPEN IN SEVEN DAYS**

*Lenten Studies*  
SEE [TRINITYFREDERICK.ORG/STUDIES+](http://TRINITYFREDERICK.ORG/STUDIES+) FOR LINKS

**AN INVITATION TO JOHN**  
TUESDAY NIGHTS AT 6:30 P.M. WITH PASTOR SHANNON  
IN-PERSON AND ONLINE THROUGH MARCH 17, 2026

**MEN'S BIBLE STUDY**  
TUESDAY MORNINGS AT 8:30 A.M. ONLINE ONLY

**WOMEN'S BIBLE STUDY**  
MONDAY NIGHTS AT 6:30 P.M.  
WEDNESDAY MORNINGS AT 9:30 A.M. IN-PERSON AND ONLINE THROUGH APRIL 1, 2026

**AESTHETICS UPDATE**  
It was anticipated that the pews would be upholstered this past week but due to supply issues, that did not happen. A date has not yet been received as to when the manufacturing of the fabric will be completed, so we're in a holding pattern. However, carpeting is expected to be laid the 2nd or 3rd week of March so progress is still being made. We'll keep you posted as we progress.

**INCLEMENT WEATHER NOTICES**  
Let it Snow! Let it Snow! Oh No! When weather conditions are bad and church services and/or programs must be canceled, postponed, or moved to virtual only, the information will be posted at [trinityfrederick.org](http://trinityfrederick.org), the church office phone

voicemail, and on FaceBook. Church events and the church office follow FCPS weather closings. If you are questioning whether or not you should come, just stay home. We will have service online either way.

**PRAYER BOOKMARK UPDATES**  
If you have emailed, texted, or called either Pastor Shannon or the church office providing a prayer request, kindly update us so that we can update the prayer bookmark. This will help church leadership and the congregation so that we can be praying the best way we can over your need or loved ones! God bless!